

NEWSLETTER

Unitarian Universalist Congregation of the South Jersey Shore



Volume 16, Issue 11

November 2014

November Services

"We Promise... to foster COMMUNICATION"

We meet at our UU Center, Pomona Rd and Liebig Street, Galloway NJ (near the north entrance to Richard Stockton College). Services are at 10:00 am unless otherwise noted.

November 2	I've Got a Secret <i>Lay speaker Bud Smith</i> In an era of massive government meta-data collection, online trolling and drones that can peek in windows, it seems our private lives are under attack. Yet openness in communication is a requisite for health and wholeness. Should we trust one another with the "secrets" of our lives? What steps should we take to build a culture of respect where there is safety in self-disclosure?		
November 9 Road Cleanup	ON THE EDGE – Natural Disasters <i>Rev. Cynthia Cain</i> Since we have just passed the second anniversary of Hurricane Sandy, let's look at the intersection of "natural" disasters and spirituality. I will also introduce the concept of Appreciative Inquiry.		
November 16 Fair Trade Gift Fair – see page 5	The Miracle of Love <i>Lay speaker John Walther</i> John Walther has been leading a group of us through the lessons in the book <i>A Course in Miracles</i> . This is not a study of supernatural phenomena, but rather the realization that a change in perspective can free one from the bonds of fear and self-deception and lead to a life of love and actuality.		
November 23	 Vocabularies of Hope and the Power of Appreciation: How to Get Through the Thanksgiving Meal <i>Rev. Cynthia Cain</i> We all know how it feels to face the ultra-conservative, negative, or just plain boorish relative at holiday times or family gatherings. What better time that this time of gratitude to learn and practice a new way of interacting, with appreciation and wonder? If nothing else, It will leave them scratching their heads! 		
November 30	A Song of Thanks Lay speaker Roger Gardella Newish UUCSJS member Roger Gardella will share a holiday message based on his original songs.		



10th Annual UUCSJS Service Auction

Saturday, November 15, 2014

Doors open at 6:30 pm!

"Communication"

We continue our 2014-15 Worship theme, in which we focus on the UUCSJS Covenant of Right Relations – its purpose and its 7 promises.

For November we consider this promise: "To foster COMMUNICATION among ourselves by providing an atmosphere of openness, honesty and safety; and by ensuring that while listening respectfully, we take care to hear every voice." How can you live out this promise in your relationships with others in UUCSJS? How are you communicating lately?

Book Lovers Group

THE TENTH OF DECEMBER by George Saunders was selected one of the ten best books of 2013 by the New York Times Book Review. The Book Lovers Group will meet on November 21 at 7 pm in the UU Center Library. Saunders' collection includes short stories both disturbing and hopeful. Come prepared to discuss the story that touched you the most. Contact Angela Wexler if you have questions.

Margaret Circle will meet on Thursday, November 6 at 1 pm in the UU Center Library for discussion and delicious delights. Please plan to join us as we explore "Growing up Transgender" presented by Sheila Stoner. Refreshments will be served by Judith Brown. We look forward to sharing, reflecting and learning from one another.



What's happening with Family promise?

The following events are coming up! See which ones you can get involved with.

- November 13, 6-7 pm (Thursday)- Wine tasting at Noyes Museum. You MUST reserve a space! Call Chad at 609-677-9880, Ext. 102 (White Horse Liquors) — details at tinyurl.com/noyeswinetasting
- November 2, 11:30 am Family Promise Training UU Center Lounge
- November 21-22 Bake cookies see page 4 of this newsletter
- November 10, 6:30 pm UUCSJS Family Promise Committee Meeting UU Center Lounge
- November 29, 8 am 4 pm Craft Show at Zion Lutheran Church, 312 Philadelphia Ave (Route 50), Egg Harbor City. Participate by buying a craft booth for \$20 and the fee goes to Family Promise.

Deep, deep, deep in the dark of the winter...

It's not too late to participate in the rehearsals that have now started for the Winter Solstice Singing Ritual, to be performed at UUCSJS on December 21, 2014, at 4:30 pm. This is an unforgettable singing experience.

Please contact Barbara at <u>uucsjsmusic@comcast.net</u> to let her know of your interest.





Something Permanent to Sing About

Have you noticed the dedications in the front cover of most of our hymnals? Have you wondered how to get in on that action? To honor a mentor, a beloved aunt, or long-gone parent?

We will be ordering 20 new hymnals, 10 of each type, to accommodate our growing Sunday attendance.

Singing the Living Tradition (STLT), the gray hymnal, costs \$30, and *Singing the Journey* (STJ), the teal hymnal, costs \$20.

If you would like to donate and dedicate a hymnal, please write a check for the appropriate amount made out to UUCSJS with either STLT or STJ in the memo line. Checks may be placed in the offering basket. Then email Barbara Miller (uucsjsmusic@comcast.net) with the wording of your dedication.

We have a Caring Ministry Team...

If you have a concern or a joy that you wish to share with someone on the Caring Ministry Team, please call Carolyn Baum, Theresa McReynolds, Darah Walther, Jessica Dunn, or Marcia Wolfe.

Every day I try to be in communication with the universe in an unconscious way. -- Paulo Coelho

Support our congregation by doing what you already do – buy groceries! with gift cards for your local Acme or Shoprite! Buy Gift Cards any Sunday for Acme & Shoprite. Using these gift cards for groceries nets the congregation 5%. We also have Fair Trade coffee, tea, and chocolate!

Cynthesis

When I got up on Thursday, I wasn't in an especially good mood. I still had a headache and it hadn't stopped raining. But, on the way to the UU Center, I stopped at Wawa for gas. I'm sure you know that New Jersey is one of only two states in which you can't pump your own gas. This really bothered me for a while, but I'm getting used to it now. The attendant was so charming. He didn't really have to be. He called me "honey" and "beautiful" (I guess those things are not insulting when one is an older lady), and said "Have a blessed day." I used to hear that all the time in Kentucky, but not so much here.

He was so warm and friendly that my spirits lifted a bit.

I noticed that I was looking at the fall colors, the changing sky, and the day ahead with more optimism.

That day, I had the opportunity to meet with three UUCSJS members, and saw a few others. Two of them told me about their life journeys. You are so blessed to have amongst you people who are able to see things through a lens that has filtered and healed the woes and difficulties of life, and can still look around and see good. I'm meeting many folks with that sort of nature.

I truly did not grow up with that. Coming back home to live, I have been noticing how frequently my stepmom comments on what's wrong rather than what's right. My Dad was like that, too. As soon as my little sister comes in the door, she regales her with every problem, issue, need, and worry she has. If I ask her how bowling was, she'll say, "Terrible. We lost and my scores were low." I'll ask, "But did you have fun with your friends?" "Not really," she'll say.

I can recall as a child saying that it was beautiful weather, and having one of my parents say, "It's going to rain later, though." I'm not kidding about this. It took a great deal of work for me to shift my inner way of perceiving the world. And, sometimes, I still need to work very hard to see the sunshine.

Starting in November, I'm going to talk about *Appreciative Inquiry* in a few of my messages. It was first introduced in the corporate world, but has been

Reflections by Rev. Cynthia Cain

adapted for non-profits and religious institutions. Margaret Wheatley has some wonderful books in which she shows the interconnection between Appreciative Inquiry and the new science. I think, going forward, this is the way we will need to organize our thinking if we want to inhabit a world that is sustainable and peaceful and that survives.

Along with spiritual practices that reinforce a positive outlook (I am not talking about ignoring the world's problems, but about approaching them differently), *Appreciative Inquiry* can be a powerful tool for individuals and for communities. So, I hope you will join me in November and learn more about it!

Fondly,

Cynthia

Rev. Cynthia's Office Hours

Wednesdays 10-2 and by appointment

Upcoming weeks that Rev. Cynthia will be away in Kentucky:

→ Week of November 3

Read more of Rev Cynthia's reflections at www.ajerseygirlinkentucky.blogspot.com

Rev Cain was mentioned in a UU world blog roundup on October 17:

Recovering from a migraine, the Rev. Cynthia Cain boards an airplane, and her seatmate's drunkenness triggers memories of family dysfunction; after her first feelings of anger, she finds her way to compassion.

"I looked at Mr. Reeking of Alcohol, and his one eye was completely bloodshot, and I felt so much sadness and compassion for him. I knew that like some people very close to me he was trapped in a place he could not get out of and didn't need my scorn and anger.

So when he suggested I relax, instead of launching into aforementioned rant, I smiled at him.

'I'm trying, bro.' I said."

(A Jersey Girl in Kentucky, October 14)

Building a Multicultural World: workshops create better racial and ethnic understanding

UUCSJS will offer a free monthly workshop, **Building a Multicultural World**, beginning Tuesday, November 11 from 7 to 9 pm at the UU Center.

Building a Multicultural World is a Unitarian Universalist program that seeks to interrupt the workings of racism and transform how people from different racial and ethnic groups understand and relate to one another. It consists of two-hour workshops with activities, reflections and readings to be done between workshops. "By developing anti-racist, anti-oppressive and multicultural habits and skills, we hope to create a world of beloved community," said workshop coordinators Shelee McIlvaine and Primrose Reeves.

The program will be a continuation of the workshops held this past winter and spring. However, the first session on November 11 will focus on reviewing the past sessions.

Contact <u>adultre.uucsjs@gmail.com</u> to RSVP or ask questions, or sign up on the sheet at the back of the sanctuary.

Like to bake cookies?

We will be selling homemade cookies on the Sunday before Thanksgiving to benefit Family Promise of Atlantic County. We need bakers to donate 2-3 dozen cookies – or more – **to be dropped off at the UU Center on Friday, Nov. 21, or on Saturday, Nov. 22**. We will package the donations to sell on Sunday, Nov. 23, so you have a variety of cookies for the holiday. We need around 50 dozen cookies. Homemade cookies! Also, we'll require labeling for cookies with food allergy restrictive ingredients. All proceeds go to Family Promise of Atlantic County.

Add your name to the sign-up sheet at the back table, or email Debbi.

News in UU world:

Pennsylvania UUs gather in interfaith solidarity

In response to a seminar titled "Islam, Christianity: The Coming Conflict," an interfaith group of Unitarians, Jews, Christians, Pagans, Muslims, and atheists gathered in Sunbury, Pa., to showcase the peaceful relationships amongst the various groups. "We wanted to organize this interfaith grouping tonight because we believe in putting love out in the world," said UU Congregation of the Susquehanna Valley minister the Rev. Ann Keeler Evans. (*The Daily Item* - 10.10.14)

ADULT RELIGIOUS EDUCATION

A chill is in the air!! First I want to say thanks to John Walther and Kathryn Kelley for volunteering to be part of the Adult Religious Education committee. Looking forward to having you join us. This month's First Friday Film Night is Part 2 of "Long Strange Trip," which is:

"The Birth of Unitarianism – Part II chronicles how Servetus' message influenced David Ferenc in Transylvania and led to the formation of the first coherent Unitarian theology. It tracks that theology as it spreads to Poland and then west across Europe towards the Netherlands and England. It discusses the work of Theophilus Lindsey and Joseph Priestley in forming an organized English Unitarianism."

And we still have our on-going programs continuing: Journalling, Singing Meditation and Buddhist Study Circle. If you haven't attended any of our programs, try one and experience something new at the UU. If you have an idea for a new program you would like to see or offer feel free to contact me or any member of the Adult RE committee.

Have a great month and a Happy Thanksgiving.

Charlie Roberts, Adult RE Chairperson

CHILDREN'S RELIGIOUS EDUCATION

Fall Celebration in Children's RE

To welcome in November, the Children's RE committee is inviting all our RE students to attend our second El Dia de los Muertos celebration on Sunday, November 2, 2014. The children are invited to bring along a photo of a loved one who has died (person or pet) and to dress in bright colors. This party was a success last year, and we are looking forward to offering the kids another opportunity to experience a joyful remembrance of the important influences in their lives who are no longer with us.

Heidi Jannsch UUCSJS Director of Religious Education

El Dia de Los Muertos

with our UUCSJS Children's Religious Education classes

Date: Sunday, November 2, 2014

Time: During RE classes

What to bring: A photo of a loved one (person or pet) who has died

What to wear: Dress in BRIGHI colors

Capital Campaign 3

Moving Forward – Reducing Debt to Expand our Ministry

By now you should have received information on our Capital Campaign 3, being undertaken at this point to position UUCSJS to be able to embrace a full-time minister as well as an increased presence in our wider community to make a difference in the lives of our fellow humans. One of the obstacles to our becoming a more effective force for good in our community is our current mortgage payment, which takes so much of our budget that our precious resources (pledge dollars) are being used for interest payments rather than mission and ministry. The smart thing for us to do is to reduce our mortgage now, and the way to do that is to have a capital campaign. It is our first capital campaign since 2010 and the theme is *Moving Forward*.

Our goal: Reduce the Mortgage by \$150,000

In 2009, we were fortunate enough to receive a \$500,000 mortgage (with an interest rate of 4.25%) from the UUA, which represented only one-third of the building's value. The monthly payments were \$2,709 (mostly interest), and we soon began to add \$300 extra each month, and have received special donations from members and friends amounting to \$29,200. The result: Our mortgage principal balance is \$390,000 instead of \$429,200. Why do we want to apply an extra \$150,000 to the principal now?

	Currently	When Campaign Goal Reached
Mortgage Principal:	\$ 390,000	\$ 211,400
Interest Debt:	259,000	120,500
Monthly Payments:	3,009	1,200

Where are we now and where do we want to be?

The smaller monthly payments will free up \$21,700 in our annual budget to support ministry, programs, and mission, and we will cave \$105,500 in interest payments

and we will save \$105,500 in interest payments.

Our Proud History of Supporting UUCSJS

Many who have joined us in the last five years may not be aware of how committed UUCSJS members have been in the past. Construction of our building was completed in September of 2008. The land and the building cost us over \$1,000,000. We were able to pay for this because of the remarkable generosity of our early members, generous support (grants and donations) from the JPD and UUA, two Capital Campaigns, and in-house bridge loans to finish construction and furnish the building. How generous are UUCSJS members and friends?

Capital Campaign 1 raised \$285,000 with 70 pledges, ranging from \$36,000 to \$500. Capital Campaign 2 raised \$246,000 with 55 pledges, ranging from \$25,000 to \$200. Capital Campaign 3 raised \$150,00 with ??? pledges, ranging from \$??? to \$???.

In our Center we have grown and enjoyed the security of having our own place. Our UU Center is a welcoming place of beauty, acceptance, and safety. It is an inclusive sanctuary for all. We are moving forward to expand our ministry and we are committed to move beyond our green walls and engage in social action and outreach in the broader community. To support and afford this social mission and to have a settled full-time minister we need to increase our resources by reducing our debt, and this why we are having the Capital Campaign, *Moving Forward*.

How Will We Do This?

We now ask each member and every friend of this beloved community to consider thoughtfully and mindfully how much you might contribute to our collective future, and to the future of UUCSJS. How deeply can you dig into your own pockets to help UUCSJS move forward as a vital, growing Unitarian Universalist presence in southern New Jersey? For those who have the resources, please dig deeply for your gift; for those who do not, please give what you can; any gift is appreciated, and many small gifts will together make a big difference.

How Much Can You Pledge?

This is a private decision, but one made within the context of your role as member or friend of our faith community. In our campaigns for financial support whether they be annual campaigns to support our mission and programs or capital campaigns for significant expenses, we present information to provide guidance for those who are participating.

Board of Trustees HIGHLIGHTS October 2014

The **regular monthly meeting** of the **UUCSJS Board of Trustees** was held on Wednesday, October 15, 2014 at 6:30 pm in the Lounge at the UU Center. Vice President Jon Luoma chaired the meeting in Art Wexler's absence. Chalice lighting words were spoken and joys and concerns shared.

Board members acknowledged with sadness the passing last week of Allan Eaves, a good friend of the congregation and father of UUCSJS members Ruth Eaves and Gayle Eaves. He is survived by his wife, Edna (called Mabel, her middle name), Ruth and Gayle's mother, who is ninety-two years of age.

Announcements

—The next **Board Talk-Back** will be held Sunday, November 9 at 11:15 am in a lower level classroom.

—Sunday Service recordings. Vice President Luoma announced that John Walther, who joined the congregation in April, and his friend Geoff Stuart, regular attendee since last March, have achieved "instant UUCSJS sainthood status" by heeding the urgent call on Volunteer Sunday for somebody willing and able to record Sunday services and put them up on our website. *Thank you*!

-Joseph Priestley District (JPD) has announced it will be implementing a "Primary Contact model of congregational connection and support." Rev. David Pyle, District Executive, has written: "Your Primary Contact can help you to navigate all the support and opportunities available to your congregation ... in living our religious mission in our communities and the world." Primary Contact for UUCSJS will be Mark Bernstein, member of the Congregational Life Staff of the Central East Regional Group (CERG), which includes the JPD.

Reports

1) **Treasurer's Report**. Treasurer Karen York distributed her written report showing figures for **September 2014**, as follows: **Income**, **\$7,890** (*year to date:* \$44,035), and **Expenses**, **\$12,714** (*year to date:* \$38,173), for a net of income over expenses of -\$4,824 (*year to date:* +\$5,862). While this month expenses exceeded income, we're still ahead for the year, York said; account balances are all still healthy.

-**Capital Campaign 3.** "CC3" has begun, the treasurer said; detailed information and pledge instructions will be sent out October 16. The overall goal is \$150,000 towards reduction of mortgage principal, with pledges to be completed by donor's choice of three dates: 12/31/14, 12/15/15 or 12/15/16. The period for pledge commitments will run from October 16 to November 30, 2014. Board members reflected on the benefits of a successful campaign, most important among them reducing mortgage debt to free up funds for hiring a full-time called minister, and enhancing our core programs.

—No Lead Dinner in March. The Finance committee has decided there will be no lead dinner in conjunction with the 2015-2016 annual operating budget campaign next spring.

-A motion to accept the written report of Treasurer Karen York as presented was passed unanimously by those present.

2) *Minister's Report*. Rev. Cynthia Cain noted that by the middle of November, the "investigative phase" of her interim ministry—getting to know us and involving lots of talks and interviews—should be completed. Then, the "history phase" commences, when she will be compiling, along with the congregation, a history for the UUCSJS. "Yes, there is a fantastic history of the building," she observed, "but as you turn 15, or approach 20, you will realize that you have a HISTORY that you want to preserve and pass on. We will learn so much from this about who you are, which will help you in the next steps toward future goals."

Rev. Cain said she had been in contact with the District

Executive of the JPD, Rev. David Pyle, and obtained two choices for possible Sundays at UUCSJS. The Board decided to request Sunday, January 25 for Pyle's visit, and his meeting with Board members and others about our ongoing interim process.

Discussion/Action Items

1) Storage closet update. Karen York reported construction of a closet under the front stairs in the UU Center had been completed and an invoice received which considerably exceeded the estimate, due to higher than expected costs involved in building the enclosure to strict fire code standards.

-A motion to authorize payment to Chris Holaday Construction of the sum of \$5,392.59 for a large walk-in closet was passed unanimously by those present.

2) **Hymnals, hymnal cart**. Music Director Barbara Miller requested approval to order 10 more hymnals of each type (she has already put out a call for congregants to donate new hymnals, with customized dedications). She also requested purchase of a second library cart to house hymnals, matching the existing model, as approved by the Worship committee and Aesthetics.

-A motion to authorize purchase of 10 each of Singing the Living Tradition and Singing the Journey was passed unanimously by those present.

—A motion to authorize purchase of another library cart for approximately \$393.00, to be paid from Capital funds, was passed unanimously by those present.

3) **Oxfam request/social justice**. An email promoting "Fight Hunger with Oxfam" served as a springboard for the Board's returning to the subject of how we want to manage social justice (SJ) work in our community. With the SJ committee moribund for well over a year, a new model may be useful. The Board talked about ideas presented in the UUA's *Social Justice Empowerment Handbook*, a resource introduced last spring by Board member Joe Terrazzini.

Board members registered there are actually quite a few social justice initiatives now in place, notably on sustainability, Fair Trade, native plants, and a big new one, Family Promise. In reality, the social justice committee is the whole congregation, Rev. Cain remarked. "As a UU ... it's just part of how you live your life." Closing the discussion for this evening, Terrazzini offered to write something up, "so we can pick things up where we left off." Further consideration of any action on Oxfam America was tabled at this time.

• Updates

1) Family Promise (FP). The UUCSJS team will get its first hands-on experience by taking charge on Saturday, October 25 at First United Methodist in Tuckerton, assisting FP of Southern Ocean County. We will cook and serve dinner, stay overnight, and provide an early breakfast for families before they leave for their new destination Sunday morning.

The UUCSJS team will be conducting two fundraisers: a) sale of homemade cookies for the holidays, and b) "Souper Bowl Sunday," sale of homemade soups in quart containers.

2) Policy on Disruptive Behavior. The ad hoc Board committee to consider new policy on these issues has begun recruiting a few from the congregation to join Board members Melissa Hutchison and Joe Terrazzini, and Rev. Cynthia Cain, in this task.

• Adjournment – The meeting was adjourned at 8:20 pm.

- Judy Pereira, Secretary

The **NEXT REGULAR MEETING** of the UUCSJS Board of Trustees will be held on **Wednesday, November 19, 2014** at **6:30 pm** in the Lounge at the UU Center, 75 S. Pomona Rd., Galloway, New Jersey

10th Annual International Fair Trade Gift Fair

Sunday, November 16, 10 am to 6 pm

Richard Stockton College Campus Center

The purpose of the sale is to return to the true meaning of gift giving and receiving by offering gifts made from the heart and by human hands. We can avoid supporting sweatshops and other unjust trade practices by buying fair trade. Fair Trade works to provide low-income artisans with a living wage for their work, ensures environmental sustainability (for example, shade-grown, organic coffee) and safe and healthy working conditions. This is a better alternative to the many products made in sweatshops or other unsafe working environments.

The event, which is free and open to all, also features several local nonprofit organizations that offer alternative gift options and information. Fair Trade gets us thinking globally, but we also include local non-profits and organizations that impact the lives of people close to home at the Gift Fair.

World music will play throughout the day along with live performances. There will be refreshments for sale, with the **proceeds going to support our local Food Bank**.

One of the things that make this gift fair special are the partnerships that have developed through the years between Mainland Regional High School students, Stockton's S.A.V.E. organization and the South Jersey Fair Trade Alliance. SJFTA is working with Go Green Galloway toward having Galloway Township designated as a Fair Trade Town; so it seemed fitting that the Fair be held in Galloway.

Mainland Regional Teacher Carol Austin will remain an essential part of the fair, along with her students. She has used the event as a way to introduce students to the concept of fair trade, social justice and humanitarian issues.

This year, the SJFTA has had the pleasure of working closely with members of Stockton Volunteers for the Environment (S.A.V.E.). They have been invaluable during the planning process; acting as liaisons between the SJFTA and the college.

Some of the 2014 participants: <u>Handmade Expressions</u>, <u>Herban Legend</u>, <u>Honeycomb Enterprises</u>, <u>Idiosyncrazies</u>, <u>Nature's Shea Butter</u>, <u>Pacific Soul</u>, <u>Project Have Hope</u>, <u>Ten Thousand Villages</u>, <u>Web Feet Beach Boutique</u>, <u>Yoga</u> <u>Nine</u>. Local non-profits and organizations participating include Amnesty International, Community FoodBank of NJ, Southern Branch, Marine Mammal Stranding Center, S.A.V.E., WaterWatch, EDIBL, HEAAT, the Humane League, GMO Free NJ, and more!



Spiral Dance to Welcome the New Year

Sunday, November 2, 7 - 8:30 pm -- UU Center

Samhaim, the earth based community's new year,

begins on October 31 and ends November 1. I am excited to once again host a spiral dance, also called the weaver's dance or community dance. Drummers welcome -- come drum in the dance. It is a fun, transformational experience. Children are welcome.

-- Theresa McReynolds

Appeal for Help for St. Andrew's Food Pantry

Here's an appeal for food donations and volunteer help that we wanted to share from Richard Grzywinski, former member, and current friend of UUCSJS. From Richard:

"I am currently volunteering at a food pantry in Atlantic City. The St. Andrew/Redemption Ministries Food Pantry serves needy residents of Atlantic City. It is perhaps the largest food bank in AC and works in conjunction with the Community Food Bank in Egg Harbor Township (Evelyn Benton's food bank). Last month, on two separate days, we served a record-setting 221 families providing 2 heavy, fully-loaded shopping bags of groceries and frozen meat or chicken. That's 442 individual bags (most of which are filled the previous day) and 221 meat items.

Our food pantry operates the last two Thursdays of each month from 9 am to 1 pm, with bag-filling operations conducted the preceding Wednesday from 9 am to 12. We pick up 3-4 tons of food on the Monday before the first pantry day and pick up perishables on each Wednesday before. Each truck must be unloaded by hand-truck and stored on shelves and freezers/refrigerators. In addition, we distribute 30-pound boxes of food to laid-off casino workers.

We are planning a Thanksgiving meal distribution program of a frozen turkey (or chicken for smaller families) and the usual meal items. With the help of the Community Food Bank, we will have sufficient poultry, canned string beans, and cranberry sauce. Unfortunately, however, we do not have any canned corn, stuffing mix, or canned turkey gravy. Even our boxed mash potato supply is running a little tight, it seems. Is it possible that UUCSJS can help us in this regard? We are planning to distribute 50-75 meals. So, if UUCSJS members can commit to donate a portion of our shortfall, it would be very much appreciated."

INTERESTED IN VOLUNTEERING? Please contact Richard directly at 609-742-1312 or at <u>Richardgrzy@</u> <u>comcast.net</u> if you are able to volunteer at the Food Pantry. For those of you unfamiliar with Atlantic City, St. Andrew's Food Pantry (936 Baltic Ave.) is very easy to get to by traveling east on the White Horse Pike (Route 30) and turning right onto Baltic Ave. The church has its own parking lot, so parking is easy.

WANT TO DONATE ITEMS FOR THANKSGIVING BASKETS? Please bring your contribution of canned corn, stuffing mix, or canned turkey gravy to service and we will see that Thanksgiving basket items get to St. Andrews.

Thanks to all of you who responded to the appeal of a couple weeks ago and contributed reusable shopping bags. Your response was awesome and greatly appreciated.

Jesse Connor & Reverend Cynthia



Unitarian Universalist Congregation of the South Jersey Shore

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