



NEWSLETTER

Unitarian Universalist Congregation of the
South Jersey Shore



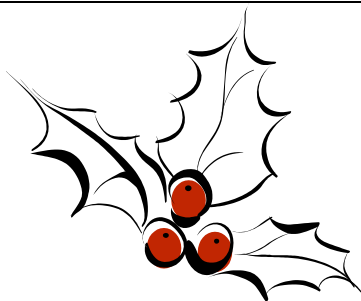
Volume 15, Issue 12

December 2013

December Services “*We are a people of ... Traditions*”

We meet at our UU Center, Pomona Rd and Liebig Street, Galloway NJ (near the north entrance to Richard Stockton College).
Services are at 10:00 am unless otherwise noted.

December 1	Waiting for the Child <i>Lay speaker Theresa McReynolds</i> Rev. Theresa will talk about the aliveness in the waiting for the gifts.
December 8	Freedom From... <i>Rev. Charlie Dieterich</i> In 1943 Norman Rockwell created four paintings which celebrated Traditional American Freedoms. Were you there?
December 15	Tradition or Superstition? <i>Lay leader Doug Dickinson</i> Doug will muse on normal traditions and some not so normal traditions, and bring superstition into the mix.
December 22 Intergenerational Service	A Shepherd’s Tale <i>Rev. Charlie Dieterich</i> This Sunday before Christmas we gather as a community to consider the traditional story in the Gospel of Luke from the perspective of the shepherds!
December 29	Book of Questions <i>Lay leaders Melissa Hutchison and Mariann Maene</i> We return to our tradition of an informal end of year service, where we consider questions – some light-hearted, and some reaching deep inside us -- and share our answers.



Christmas Eve Service Tuesday, December 24

See Helene Gentile or Reverend Charlie for details.

Margaret Circle will have their holiday party on Thursday December 5 at the Smithville Inn at 1:30 pm. We will be able to order from the lunch menu. Hope to see you all there to "kick-off" the holiday season with lots of laughter and warm wishes. Please contact Judy Brown for details. Happy Holidays! -- Judy Brown, Circle Leader

December Book Lovers Group

The December Book Lovers Group will meet on Friday, December 20 at 6:30 pm -- note the time change for this month. We will be discussing Anne Tyler's novel *Dinner at the Homesick Restaurant*, as well as celebrating the holiday season with a White Elephant gift exchange. Bring an hors d'oeuvres or dessert to share. Please email Angela to let me know what type of refreshment you are bringing. Your presence is welcome whether it is your first time or tenth time.

FAMILY PROMISE

Family Promise is a nonprofit agency whose mission is to "Help homeless and low-income families achieve sustainable independence". This program is supported by a network of local churches and volunteers who commit their resources to assisting these families. There is a chapter in Atlantic County that is in the early stages of development. Some of these volunteers are members of UUCSJS and have exposed the greater congregation to this endeavor. After determining there was sufficient interest from the congregation, the Board of Trustees recently voted unanimously to "affirm our full support for Family Promise of Atlantic County in their mission to reduce homelessness, assisting in any way we can to further their effort to create a viable Family Promise program in Atlantic County."

As a result, a group of UUCSJS members has formed who will attend monthly Family Promise meetings, assist where able and make FP's mission and needs available to the general membership. We will be using our newsletter and mid-week announcements as well as the individual volunteers to communicate the activities of Family Promise to the congregation. If you are interested in getting involved please contact Minister Charlie Dieterich or Joe Terrazzini. If you would like to learn more about Family Promise visit them on the web at <http://www.FamilyPromise.org>.

--Joe Terrazzini

Your local Acme or Shoprite has all the ingredients for all your holiday cooking and baking!

Buy **Gift Cards** any Sunday for **Acme & Shoprite**. Using these gift cards for groceries nets the congregation 5%. We also have Fair Trade coffee, tea, and chocolate!

Rise Up and Call Her Name

The Adult Religious Education Committee invites both women and men to attend Rise Up & Call Her Name, a woman-honoring journey into global Earth-based beliefs. The course is designed as a follow-up to Cakes for the Queen of Heaven, an earlier class that focused on women's personal spirituality. Rise Up was created in response to requests from attendees of the earlier class for more information about the female in religious practice. Our first session will be on January 5, 2014, at noon, in the downstairs main room. We will provide a light lunch, coffee, and tea. A fee of \$5 is requested for the course, to cover the cost of materials.

This class was originally scheduled to start December 15, 2013, but due to the large number of meetings also scheduled for that day, it's been moved to the new date of January 5, 2014.

UUSC-UUA JOINT RELIEF FUND for PHILIPPINES TYPHOON HAIYAN

The loss of life and devastation in the Philippines from Typhoon Haiyan are truly staggering. Unitarian Universalist Service Committee and the Unitarian Universalist Association have close ties to the Philippines and have activated emergency response efforts.

Donations by check can be mailed to UUSC, PO Box 808, Newark, NJ 07101-0808. Please write "Philippines Typhoon Relief" in the memo line to designate your gift to the UUSC-UUA Joint Fund. You may also mention that you are a member of UUCSJS.

The Unitarian Universalist Service Committee is an independent 501(c)3 charity working on human rights and relief efforts world-wide. Learn more about the work of the UUSC at uus.org which also has a link to allow electronic donations. During December we will be talking about some of the other work the UUSC has been doing.

Tradition...

"Even the simplest things had a glorious pointlessness to them. When buttons came in, about 1650, people couldn't get enough of them and arrayed them in decorative profusion on the backs and collars and sleeves of coats, where they didn't actually do anything. One relic of this is the short row of pointless buttons that are still placed on the underside of jacket sleeves near the cuff. These have been purely decorative and have never had a purpose, yet 350 years later on we continue to attach them as if they are the most earnest necessity." — Bill Bryson

Reverend Charlie's Page

This month we reflect on the statement "We are a People of Traditions" -- note that it is plural. And what better month than the month of creamed onions and grandma's special oatmeal prune cookies? December is a month for getting through the darkness. Cultures have created wonderful celebrations that occur during this time of the blues:

Hanukkah/Chanukah, which ends on the 5th of December this year.

December 6th is **St Nicholas's Day**-- when the old bearded bishop Nicholas rides through town in Holland.

This year December 8th is **Bodhi Day**, celebrating the enlightenment of Shakyamuni Buddha as he sat beneath a fig tree (The Bodhi Tree). This date is celebrated in Japan, China, Korea and Vietnam by many Mahayana Buddhist traditions--others celebrate in May.

December 12 is the feast of **Our Lady of Guadalupe**, patron saint of Mexico, celebrated with traditional dances.

December 13 is **Saint Lucy's/Lucia's Day** -- In Sweden girls wear candles in a crown and dress in white... special breakfast foods are given to parents by their daughters. This was the ancient date for Yule, before the Gregorian Calendar change. There is also a belief that trolls wander the earth on this night.

Then **Yule** is on the **Winter Solstice** itself, December 21, with **Christmas** on the 25th and **Kwanzaa** from the 26th to January 1st, celebrating African heritage and African American culture.

The final holiday, **Saint Silvester Day** is on New Year's Eve. Sylvester was pope during the first council of Nicaea, when much of the dogma of the Catholic Church was established. Modern celebrations of **New Year's Eve** appear unrelated to this saint, though the name "Silvester" is used in many countries to mean December 31. Sydney, Australia has a very nice fireworks celebration on this night, the equal of New York's Fourth of July display.

Clearly, many peoples in the northern hemisphere have made celebration part of their December traditions. So what does a Unitarian Universalist do? According to the UUA Covenant, "The living tradition we share draws from many sources... [including] Wisdom from the world's religions which inspires us in our ethical and spiritual life.... [and] Spiritual teachings of Earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature."

As individuals we can use this guidance in whatever way we choose, and the words are invitational words as well. Recent scholarship reminds us that traditions are owned by those who developed them. Appropriating rituals and changing their meaning is an insult to that community.

While our denomination comes out of the Calvinist Protestant tradition, which forbids celebration of Christmas, since the 1800s Unitarians were active in reviving its celebration.

Charles Dickens had begun attending a Unitarian chapel (as they are called in England) a few years before he wrote *A Christmas Carol* in 1843.

Seven years later Edmund Sears, a Unitarian minister in Wayland, Massachusetts (near Boston), wrote "It Came Upon the Midnight Clear" and eight years later James L. Pierpont published "Jingle Bells." Other parts of Unitarian Christmas include "I Heard the Bells on Christmas Day" (Longfellow), "Watchman, Tell Us of the Night" (Sir John Bowring), and the 1962 song "Do you Hear What I Hear?" (Noel Regney). Universalists seem to have followed the Baptist tradition, though they probably avoided hymns that mention Jesus as the only way to heaven like "Come Thou Long Expected Jesus."

In 1993, when *Singing the Living Tradition* was published, the steering committee decided to alter songs that were sexist or expressed theologies not commonly found in Unitarian Universalist practice. The result sometimes seemed a stretch: "... *peace on earth to all goodwill*" may not mention "man" but Longfellow's poem is no longer intact. "*Joy to the world! The Word is come: Let earth with praises ring*" is another oddly changed one, and you can leaf through "SLT" sometime to see other changes.

Modern thought sees these changes as appropriation of established traditions, and many congregations (including us!) will use song sheets with common lyrics when we sing carols. In some cases we simply avoid carols with blatantly sexist or unacceptable theological themes, or edit out verses. But when we sing a song, we sing it.

And so, it seems, we are a people inspired by tradition, not bound by it. For this reason I'll say: Happy Holidays.

-- Rev. Charlie

On December 1st, Theresa McReynolds will present "**Waiting for the Child**" as a sort of inner advent celebration.

December 8th I will be reflecting on the traditions shown in Norman Rockwell's famous paintings in what I call "**Freedom From...**"

December 15th we will hear Doug Dickinson's take on "**Traditions.**"

December 22nd we will hold an inter-generational service retelling the story of the shepherds watching their flocks by night in "**A Shepherd's Tale.**"

And on December 29th we will hold a "**Question Box**" service, led by Melissa Hutchison and Mariann Maene.

For those who love carols, December 24th at 6 pm we will hold a traditional **Christmas Eve Service** with candles and Gospel readings.

Pastor Charlie's office hours are Wednesdays 10 am-2 pm or by appointment.

Breaking bread together:

Circle dinners, Congregational Dinners

Trying something new this year!

An idea has been proposed that we have some “all congregation” themed dinners this year. One reason is that the 5th Sunday shared meals do not fall into a useful pattern for us. The membership Committee, the Hospitality Committee, and the Program Council have all considered this idea, and have agreed to the following plan:

We will have three circle dinners (rather than our usual four), and two community dinners, following this schedule:

Saturday, Jan 18 - Congregational Dinner at the UU center around the theme of “Mindful Eating.” This theme will be developed further as the planning proceeds, but there will be food offerings to appeal to and satisfy those who are vegan, vegetarian, and those who like seafood or a little meat from animals raised in humane conditions.

Saturday, February 15 - Circle Dinner, following the format that we have been using where eight people are assigned to share a meal together, at the home of a designated host, and each couple or two individuals working together provide a course.

Saturday, March 15 - Our traditional Fellowship Dinner

Saturday, April 19 - A congregational Seder Dinner

Saturday, May 17 - Circle Dinner

Saturday, June 21 - Circle Dinner

We are looking for people who will serve on an *ad hoc* Committee to plan the January congregational dinner. If you are interested, please contact Karen York, Judy Pereira, Betsy Searight, or Rev. Charlie.

Signup to attend the January Congregational dinner, and the February Circle Dinner will begin in January. More details will be forthcoming.

“I will always speak out when someone says that a principle or a rule or a tradition trumps people.” -- Gene Robinson

Our Building History is Preserved

We now have a 24 page booklet that compiles the stories of eighteen congregants who were present and helping in ways that they could during the momentous years of building the UU Center. Besides the stories of how it felt to be a part of this great project, there is much factual information as to how the building was financed, and a listing of the professionally skilled volunteers who came together in a truly miraculous way. All who were active participants in our building project five years ago were invited to submit their stories of remembrance, and the pieces of our history that they hoped would be preserved.

Copies of this booklet will be in the library and can be borrowed; all of the persons who were invited to submit their stories have been given a copy. Other copies will be in the office files, where they will be held safely for future seekers of our history. The booklet is also on our website – you can find a link for it on the left side, underneath “Journal of our Building”, and is listed as “[Remembrances of Participants of the Building Process](#).” The “[Journal of our Building](#)”, produced by Mariann Maene, contains 201 photos along with narrative. This is recommended viewing to accompany our narrative history. We are planning to have an insert in the library and office copies of an Excel spreadsheet for the month of September 2008 that Richard Grzywinski devised. It gives the timelines of the various components that were needed for completion by our deadline, and illustrates the miracle of all that came together late in the afternoon just before our first service.

We thank all those who contributed to this writing project. Betsy Searight, Bob Baum, Debbi Dagavarian, and Judy Pereira organized, edited, and printed the booklet.

This Narrative History project celebrates the five year anniversary of the completion of our home.

“It is a fine thing to establish one's own religion in one's heart, not to be dependent on tradition and second-hand ideals. Life will seem to you, later, not a lesser, but a greater thing.” -- D. H. Lawrence

In my role as president of the congregation, I am often amused by the different reactions that congregational members and friends have to me in that role. Some, when I am introduced seem to say, “Now who did you say you are again?”, drawing attention to the fact that for many I don’t have a large presence in the congregation. I am not the person greeting them at the door. I am rarely in front of the congregation and spend more time with the kids in children’s religious education than with the adults. Other members who have been in leadership positions seem to send me a spoken or unspoken apology, acknowledging the difficulty inherent in leading any UU group (often likened to herding cats). Others refer to me as “The Boss”, which of course makes me smile, because nothing seems further from the truth. I frequently feel like I am trying to ride and guide a large elephant that has momentum, a life and a mind of its own. It is never apparent whether my actions or reactions as president will effect any change at all, and my experience is that there is a high probability that anything I say or do will not bring about the particular result that I expected.

In October, I had an opportunity as president of the congregation to make something happen that looking back was a highly significant moment for me and for the congregation. It was the ability, on short notice, to be able to offer “marriage conversions” to same sex couples. The opportunity unfolded quickly after the Friday October 18 ruling by the NJ Supreme Court that resulted in the legalization of same-sex marriages in New Jersey beginning Monday October 21. After a flurry of emails and phone calls between Rev. Charlie and me, and then with the other members of the Board of Trustees, and our communications team, we put together a plan and were ready to perform weddings on Monday. Due to the required 72 hour waiting period to obtain a marriage license in most New Jersey towns including Galloway, we had no Monday weddings. However, on Sunday October 27, two wedding ceremonies were performed. Both couples had been together a long time.

The first couple wanted the ceremony to be private, but eventually warmed up to the idea of having it in the sanctuary (instead of Rev. Charlie’s office), and allowed a few members of UUCSJS to sit in witness. Their concerns about any publicity at all reminded me of an exercise some of us once did during the *Welcoming Congregation Workshops*. In the exercise, you were asked to list the five most important people in your life, and then turn to the person next to you and have a conversation about something significant going on in your life without mentioning any of those five people. This exercise illustrates the strain and pain that accompanies not being accepted for your whole self, and gives a glimpse into what it might feel like if you do not even feel safe to reveal your whole self.

The second couple seemed to feel more comfortable among our congregational members. My role in the ceremonies was to make sure the paperwork for the marriage licenses was filled out correctly in quadruplicate, and that everyone signed in the right spot, so while the first ceremony was going on, I was working on the paperwork for the second ceremony, but during the second one I was able to take a seat and witness the ceremony. Although I had only met the grooms a few minutes before, their deep connection and love was so apparent, as was the significance of this moment for them. I was truly touched; it was heartwarming to witness. I felt honored to be present, and so proud that our congregation was here to provide a venue for this significant event to take place. This will definitely stand out for me as one of those “I remember a time when...” moments of how through the collective actions of the congregation something emerged in a way that went beyond the collective ideas of the individuals who were involved. Creating this event would not have been possible without the congregation. It certainly was not just a historic moment for New Jersey, but one with significance for the couples, the congregation and for me personally. I hope everyone in our congregation takes advantage of some of the various events and activities that are offered by our group. You may discover in these the seed of a possibility for deep connection and an opportunity to experience a special meaningful moment.

“We can either emphasize those aspects of our traditions, religious or secular, that speak of hatred, exclusion, and suspicion, or work with those that stress the interdependence and equality of all human beings. The choice is yours.” -- Karen Armstrong, *Twelve Steps to a Compassionate Life*

Board of Trustees HIGHLIGHTS

November 2013

The **regular monthly meeting** of the **UUCSJS Board of Trustees** was held on Wednesday, November 20, 2013 at 6:45 pm at the UU Center, President Karen York presiding. The chalice lighting was accompanied by Board members' reading aloud the introduction to the new UUCSJS *Covenant of Right Relations*. Joys and concerns were then shared.

• ANNOUNCEMENTS

1) November's **Board Talk-Back** was on the 17th with Art Wexler and Judy Pereira present. The next Talk-Back will be Sunday, December 8 at 11:30 am, Carl Benner and Debbi Dagavarian scheduled to attend. President York said she would like to move the Talk-Backs *from third to second Sunday* of the month; a list of future dates is posted in the UU Center Office.

2) Adult RE held part two of "**Building a Multicultural World**" on November 17; the third workshop will be on Sunday, December 8 from noon to 2 pm, again facilitated by congregant Shelee McIlvaine and Prim Reeves, chair of Adult RE, who has urged Board members to attend.

3) UUCSJS was able to perform **two legally binding wedding ceremonies for same sex couples** on Sunday, October 27. President York thanked Rev. Charlie for his initiative and the Board for their enthusiastic support. The president described how in the wake of the NJ Supreme Court's ruling to allow same sex marriages to go forward, she and Rev. Charlie scrambled to advertise the UU Center and to secure the necessary legal paperwork. A few eager UUCSJS members and friends gathered to welcome and bear witness.

• DISCUSSION/ACTION ITEMS

1) **Nursery Diaper Changing Table.** Children's Religious Education (CRE) has asked for this needed new equipment, estimated to cost around \$200.

—*The Board unanimously approved a motion to authorize DRE Heidi Jansch to select and purchase a Diaper Changing Table for the downstairs Toddler Room, accommodating those with infants and extending our message of welcome; the Finance committee is to decide which budget line to charge for this item.*

2) **Responsibility for "Management Issues".** President York explained she was using this phrase to describe various items of church business that are not being successfully taken care of at the moment; for example, recording Sunday services, email listserv to replace Yahoo! Groups, and "calendar." The Board heard an update on these items and more; there has been progress on each.

3) **Conflict Resolution Policy.** President York placed this item on the agenda recognizing that in addition to the new UUCSJS *Covenant of Right Relations*, the Board still has to consider how we want to proceed in resolving conflicts that may arise within our congregation in the future. The president distributed the UUA document "Conflict Resolution: Guidelines and Suggestions for Success," which breaks the process into four steps covering an increasing level of conflict complexity with bulleted items under each. After some discussion, Rev. Charlie proposed the Board go ahead and accept steps 1 and 2 as the beginning of our new UUCSJS policy.

—*The Board unanimously approved a motion to adopt Step 1 and Step 2 of the Rev. Deborah Mero's "Conflict Resolution: Guidelines and Suggestions for Success," as the preliminary UUCSJS policy for conflict resolution, with additional steps 3 and 4 subject to further review and study before being adopted.*

The conflict resolution guidelines and suggestions move step-by-step from more easily resolved situations to more serious, protracted conflicts. President York, Art Wexler, Rev. Charlie, and a representative from the Committee on Ministry (COM) will constitute a Board subcommittee to study the policy further. From: *UU Faith Works*, Summer/Fall 2003, by Rev. Deborah Mero, Interim Minister (2000-2002), All Souls Church UU, Brattleboro, VT.

• REPORTS

1) **Miscellaneous Reports.**

a) President York reported on behalf of absent Board member Joe Terrazzini that the **Covenant Team** met and collectively resolved our new covenant can best be understood and implemented not by workshops or "sessions" as such, but by infusing its aims and principles throughout everything we do as a congregation. In addition to Terrazzini, the group includes Jim Gentile, Heidi Jansch, Kim Studzinski, and Karen York.

b) President York said progress reports on **Family Promise** of Atlantic County were being prepared for the Midweek Announcements and the like by Joe Terrazzini, in order to keep the congregation up to date.

2) **Minister's Report.** Rev. Charlie reviewed plans for events and services around the coming holidays, and mentioned a shared Thanksgiving meal to be led by Theresa McReynolds and Richard Schurig. There will be no Winter Solstice Singing Ritual this year. The December 22 service will be intergenerational, no "DRE-for-the-day" needed in Heidi Jansch's absence. A Christmas Eve service is being planned with Helene Gentile; and an accompanist for carols-singing is sought.

Rev. Charlie reported that Bridge of Faith may start meeting again. In the past key participants have come from the Jewish, Muslim, and Catholic communities, with others attending, too.

3) **Treasurer's Report.** Treasurer Carl Benner was not able to attend this evening, but President York reported our Checking/Operating Funds account stands at more than \$20,000—due to proceeds from the annual Service Auction on Saturday, November 16. (Last month's figures were \$9,571.93 in Checking/Operating, with Total Funds at \$15,960.76)

The president further reported the Finance committee has decided our Solar Renewable Energy Certificates (SRECs) will be sold when they come in, five or 10 at a time, as soon as available. Carl Benner has been reading the meter regularly and getting the SRECs to a place where they can be sold. At the end of November we should be up to date (and have about 20 SRECs).

Finally, York said former Treasurer John Searight reported resolution in our favor on the smaller issue outstanding with the IRS. The larger question is still pending; our advocate has said she feels confident we should hear by mid-December, or failing that, sometime in January. As strange as it seems, further documentation has been requested confirming UUCSJS is regarded as a "church" by the State of New Jersey for tax purposes, Searight concluded.

• **Adjournment** – The meeting was adjourned at 8:21 pm, reconvening immediately in Executive Session lasting until 9:05.

— Judy Pereira, *Secretary*

The **NEXT REGULAR MEETING** of the UUCSJS Board of Trustees will be held on **Wednesday, December 18, 2013 at 6:45 pm** in the Lounge at the UU Center, 75 S. Pomona Rd.

ADULT RELIGIOUS EDUCATION

Helping to give our members and friends the information and support necessary to find their own way along their spiritual path.

Coming in January:

“Be Present in the Universe: Explore Time Through Science & Awareness,” a one-day workshop presented by Alan Oliver and Michael Cluff.

And...

“Principled Commitment,” a couples workshop presented by Rev. Charlie Dieterich, and **“Rise Up and Call Her Name,”** a woman-honoring journey into global earth-based spirituality, to be led by Theresa McReynolds and Kim Trotto (more details on page 2). At the end of January Alison Maxfield will present **“Soul Painting,”** a program for adults and children.

In the Spring, look for more sessions of **“Harvest the Power,”** a leadership workshop; this year’s UUA Common Read, **Behind the Kitchen Door** by Saru Jayarama; and **“Misguided Justice: The War on Drugs and the Incarceration of Women”** based on the book written by Stephanie Bush-Baskett, a regular visitor to our congregation.

*** Don’t forget that you can direct questions and register for programs by sending an e-mail to: adultre.uucsjs@gmail.com or sign up at the back of the sanctuary.

-- Prim Reeves, Chair, Adult RE

CHILDREN’S RELIGIOUS EDUCATION

Fall and Winter in Children’s RE

This fall we held our first Day of the Dead celebration. Colby Tippins and Karen York decorated for the festivities and on November 3rd Kim Studzinski led the group with an explanation of the holiday and discussed how her family remembers loved ones who have died. We then created some crafts reflecting the Mexican tradition of sugared skulls and paper flowers and made picture frames to display the photos of loved ones that the children and youth had brought. It was a joy to see the kids (especially the teen "guys") engrossed in their craft projects, and the event was reflective and sentimental without being overly somber. Many thanks to Kim, Karen and Colby for making this event such a success!

A late Thanksgiving and an early Hanukkah seemed to have kickstarted the winter holidays while we weren’t looking! With the exception of December 22, our Sunday Religious Education classes will be held as usual throughout this month. On December 22 Reverend Charlie will be making the Sunday service an intergenerational one, accessible to children of all ages. See the service description on the front cover of this newsletter to learn more.

May you all enjoy a safe and healthy holiday season and a joyful 2014!

Heidi Jannsch

UUCSJS Director of Religious Education

Mike and Alan’s Adventure with Time

For the past two years, Mike Cluff and Alan Oliver have been talking and exchanging ideas about Time and the Universe. Often these have been short conversations after services or other events and which often begin with “I just read...” or “I saw on the Internet...” Recently, more books have been published about Time and our interaction with it, and a layman’s summary and sharing of these ideas is now nigh!

To this end, the workshop, “Be Present in the Universe: Explore Time through Science and Awareness” was created. It will be offered on Saturday, January 11 at 9 am at the UU Center. The only cost is for lunch and you can bring your own if you want to do that. The Adult Religious Education Committee will provide tea and coffee and hospitality.

We are like the fish who cannot observe the water they swim in because it is the overwhelming “given” in their experience. Time is similar, in that it is ever present and yet largely invisible. Our speech is seeded with its presence (“Time’s Up!”) and we are constantly adjusting to its influence as we make our journey from the past into the future. Eventually, we end this dance with Time at our death. To become more aware of it, learn to better live within its boundaries, and also to expand them, is the subject of the workshop.

The key question is, do you want to invest 6½ hours in developing a more aware relationship with Time that could change the quality of your life in many ways? Know the “ocean” you swim in. As Socrates once said, “The unexamined life is not worth living.” Join Mike and Alan on their adventure by signing up now. Send an email to adultre.uucsjs@gmail.com.



“Every generation is inculcated in traditions of prejudice which are encouraged as normal, natural and healthy.” — Bryant McGill

Unitarian Universalist Congregation of the South Jersey Shore

Staff

Minister

Reverend Charlie Dieterich

Music Director & Worship Coordinator

Barbara Miller
uucsjsmusic@comcast.net

Director of Religious Education

Heidi Jansch
sjsdre@gmail.com

Office Administrator

Cassandra Shellhorn
uucsjsadmin@gmail.com

Bookkeeper

Kathleen Hartnett
uucsjs.bookkeeper@gmail.com



**P.O. Box 853
Pomona, NJ 08240
(609) 965-9400**

Board of Trustees 2013-14

Debbi Dagavarian, Doug Dickinson, Judy Pereira,
John Searight, Joe Terrazzini, Art Wexler, Karen York

December 2013

Newsletter – Mariann Maene – newsletter@uucsjs.org

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Pomona, NJ 08240**

