



# Newsletter



Unitarian Universalist Congregation of the South  
Jersey Shore

Volume 13, Issue 10

October 2011

## October Services

We meet at our UU Center, Pomona Rd and Liebig Street, Galloway NJ (near the north entrance to Richard Stockton College).  
Services are at 10:00 am unless otherwise noted.

<p><b>October</b> <b>2</b></p>	<p><b>Serving With Grace</b> <i>Lay speaker Jack Miller</i> What if your committee work could offer spiritual rewards as potent as working with your hands, creating art, or a meditation practice? What would that feel like? Would we still accomplish what we need to do?</p>
<p><b>October</b> <b>9</b></p>	<p><b>Association Sunday</b> <i>Pastor Charlie Dieterich</i> This should probably be called "Associations Sunday", as it will be a reflection on how the professional associations for Ministers, Religious Educators and Musicians contribute to "Ministry" in our Unitarian Universalist faith. We have chosen to celebrate this on October 9th and include a second plate collection in support of UU Religious Professionals.</p>
<p><b>October</b> <b>16</b></p>	<p><b>Clean Slate</b> <i>Guest minister Rev Dr Nicole C. Kirk</i> A week after the Jewish Day of Atonement, we turn to the meaning and power of forgiveness and the power of a fresh start. Is it possible for us?</p>
<p><b>October</b> <b>23</b></p>	<p><b>Hell as a Tourist Destination</b> <i>Pastor Charlie Dieterich</i> It seems reasonable, what with Halloween coming up, to talk a bit about the evolution of Hades/Hell, from the Zoroastrians to Universalists. What vision of "the Underworld" do you hold inside?</p>
<p><b>October</b> <b>30</b></p>	<p><b>How Are We Called?</b> <i>Lay speaker Barbara Miller</i> In the words of a song, "All of Life is Calling Me." What nourishes your soul? Is it nature, art, relationships, or "all of life?" Calling is also defined as mission. Is there a calling for UUCSJS as a people of faith in our community?</p>

Pastor Charlie has regular office hours  
from 10 am to 2 pm Wednesdays at the UU Center.  
Feel free to call the office for a half hour appointment  
(he has his own mailbox on the answering machine),  
or send him a note at [minister@uucsjs.org](mailto:minister@uucsjs.org).



*From Pastor Charlie Dieterich:*

Route 30 has a couple of nice diners on it. I've always been a fan of diners, and even more so since I spent time away from New Jersey, where folks get very nostalgic for real "Jersey Diner" food and ambiance. We don't know how good we have it!

So I'm sitting in the diner last night, and the waitress forgets about my salad, eventually bringing me soup instead. "Oh, I'm sure you'll love the salad even more when you are super-hungry!" she says as she vanishes into the kitchen with the soup... for another five minutes. I found myself fuming -- she won't get a tip from me! I was angry because she just made an error, AND didn't say "I'm sorry." The nerve!

Instead of staying angry, next time I listen. When she starts a question with "It's dumb of me to ask you...", I say she's not dumb, and that she did the right thing asking me. I've turned toward relationship, instead of away. Who is the person being a waitress tonight? She's probably still in High School, and I am older than her dad. Maybe that's the way her dad talks -- making a joke and never saying "I'm sorry." I forgive her, she's trying.

Atonement, forgiveness and making amends are themes of the first ten days of the Jewish New Year, which started on September 28. It is a time set aside to review one's life and begin again. Two readings in our hymnal, 633 and 637, talk about this process. Chaim Stern says: "All pretense gone, naked heart revealed to the hiding self," and asks "How did we stumble? What did we take? What did we give? To what were we blind?"

The second reading by UU Minister Rob Eller-Isaacs, is a public confession. It is a list of ways we might have missed the mark. For example, one is: "For each time that we have struck out in anger without just cause, we forgive ourselves and each other; we begin again in love." Sometimes we are not able to admit wrongs by ourselves, but in this litany the whole congregation recites them. And, if any apply to you, you have just said them out loud! in public!

The process of Atonement also shows up in Twelve Step groups -- first we admit the wrong to

ourselves, to God/Goddess, and to another person. (The meaning of God/Goddess is defined by the individual.) Then a later step is to ask the person wronged how you can repair the hurt. "I am sorry, what can I do to restore our relationship?" What wrongs would you like repaired? What wrongs are you ready to work at repairing?

I define "God/Goddess" as community itself, and the love felt between us, so a community confession is a confession to holiness. Community confession can be a big thing! Orthodox Jewish services may have huge litanies, with many general and specific wrongs listed. For them, atonement is a requirement for a good and sweet life.

May we hear the call of Jewish teachings, and also twelve-step processes, and anything which makes our lives whole.

This month we have the opportunity to welcome new members into the Congregation. May we do so in love, and build relationships with them which nourish them, us, the community, and the world.

My October sermons will have very different themes this month. One is on our Association's ministries and the second is on Hades and Hell, in preparation for Halloween. I hope to see you there.

One last thing. Back in September we gathered ourselves together with a water ceremony. It is only fair that we give credit for the original developers. One is Carolyn McDade, famous for writing Spirit Of Life. The other was a leader in the movement to increased awareness and celebration of women's spirituality in Unitarian Universalist congregations, Lucile Schuck Longview. In 1980 they used a water ceremony to illustrate how diverse efforts combine to make a movement. The ritual was adapted to apply to members of a congregation, and acknowledgment of community. Each of us adds something to the combined result.

The special collection for Association Sunday combines our individual contributions to make a real difference in the ministries of our faith. Most ministerial students, religious educators and musicians are being educated on a shoestring. Funds to enhance these programs will be gratefully appreciated.

Can I hot that up for you? -Pastor Charlie



## The Paw Print

*Your link to the doings of the South Jersey Animal Advocates*

Great news! The SJAA has gone national! The Unitarian Universalists Animal Ministry (of which we are one of 23 chapters) has given us a nod for our success with the local press in their official newsletter. The UUAM even posted a link to our latest article in the *Press of Atlantic City*.

We have accomplished a lot seeing as we haven't even existed a year yet! Lots of press, lots of kibble into hungry mouths, lots of protesting, volunteering and networking with other animal welfare groups have all been part of our proudest moments. We invite any and all in the congregation to join our efforts in any way that is comfortable. Some of our members eat meat. Some of our members don't have pets. Some of our members have allergies. *All* of our members are fun. So it's fair to say that one of our members is just like you. Join us. Remember, you don't have to be a UU to join our group. So tell your friends too.

As we embark on our second year, SJAA will continue to be politically *and* practically active for all creatures suffering at the Jersey Shore. Stay tuned for our website, where upcoming events, animal friendly resources and information will be available. And as always, thanks for your continued contributions to the local animal shelters and rescue organizations.

Next meeting: **Sunday, October 23, 11:30 am** following services.

-- Cynthia Grzywinski, SJAA Coordinator

"There is nothing in which the birds differ more from man than the way in which they can build and yet leave a landscape as it was before." ~ *Robert Lynd*

"A dog has lots of friends because he wags his tail and not his tongue." ~ *Anonymous*

### Did you miss a Sermon?

Many of our previous sermons are available for reading on our web site, and a few are even available in video format. If you've missed a Sunday or want to back and read or listen to a previous sermon, just visit <http://www.uucsjs.org/sermons.html>

### *About our guest minister on October 16...*

**Rev. Dr. Nicole C. Kirk** is currently the Acting Assistant Minister at the Unitarian Church in Summit, NJ. She was the solo minister at East Shore Unitarian Universalist Church, Kirtland, Ohio for eight years, and in 2006 began working on her PhD in American Religious History at the Princeton Theological Seminary. Her academic interests include religious history and religion in literature, film, and art.

## The Chalice Table

The Chalice Table is, second only to the lectern, the dominant piece of furniture on the dais. It is a bit tricky... we want you to notice it, but not be distracted by it. We hope you notice that that there are normally three "segments" to the table. From the congregation's point of view ... beginning at the left ... the table holds the "singing bowl" whose musical tone (when well struck) resonates to call our attention to the community and to the divine (however we individually define those terms). The center is home to the Chalice; described by Pastor Charlie as a boat, carrying a spark, aflame to new horizons. A flame whose lighting and extinguishing take the place held by the Invocation and Benediction in more traditional worship. These two segments or spaces change very little from week to week.

The rightmost end of the table does change from week to week. It is here that the theme of the service is sometimes captured. Occasionally the connection is blatant, as when the large bowl was used to receive the new waters of the community, and catch the waters of tradition that were poured to consecrate the hands of our RE teachers.

Other times the items will be connected to the theme in a more symbolic way. This was the case when Pastor Charlie celebrated the turning of the season, spoke about the deep roots of congregational polity, tracing it from Paul's letter to the church at Corinth, through the protestant reformation, to the shores of North America, the drafting of the Cambridge Platform, and finally to Marshall MacLuhan's admonition to recognize that "the medium is the message". The mix of fall flowers and seedpods from my garden was my attempt to echo the diverse roots and shoots, both personal and institutional, of our 21<sup>st</sup> century congregation.

Sometimes there is a subtler secondary theme. This too was illustrated September 25, when a small but beautiful Jewish Prayer book and a contemporary greeting card with the image of a shofar also graced the "focus" end of the table. These two items represent a particular thread within the diverse tapestry that is UUCSJS. At sunset on Thursday, September 29, Rosh ha Shanna began. I want to thank Maxine Blumenthal for making sure that some trace of the Judaic roots of our congregation is always available for marking the major celebrations of that tradition.

I invite you to notice the table, to take a moment or two after the service to figure out whether we have been able to tap into the theme of the service with the items on display. I invite you, especially if you feel that your "roots" are not often, or perhaps not ever, represented in the focal area... especially when the service theme seems tied to those roots... to contact me to help educate me, and the rest of the chalice table crew. Help us to learn and grow and become more inclusive.

-- Margaret L Rea

## UUCSJS Women's Association Meetings

Efforts to revitalize the UUCSJS Women's Association by adding two new circle groups has not been successful. The Olympia Brown circle and the Women's Spirituality circle will be discontinued due to poor attendance. Those women that are interested in discussing things of a spiritual nature are encouraged to attend the Spirituality Exploration Discussion group led by Charlie Roberts. This group usually meets on the second Sunday of the month after services.

The Margaret Fuller circle will continue to meet on the first Thursday of the month; taking a break during the summer months.

### Margaret Fuller Circle - Thursday, October 6, 1 pm

**Topic:** "Our Changing Beliefs"

Beliefs are any ideas you think are true about yourself, others, and life. Clarity about what you believe, who you are, what you want, and why you want it can be like a beacon on a clear night, guiding you to the fulfillment of your desires. Unfortunately, most of us aren't aware of our beliefs, many of which we acquired as children. You can live your whole life unaware of how your beliefs are affecting your feelings, thoughts and actions.

Our discussion this month will focus on our beliefs that have changed over time; what they are and who or what caused them to change. All women of our congregation are invited to join in for this time of food, fun and fellowship. Prim Reeves will lead the discussion and Peg Felix will provide the dessert. Bring a friend/sister/neighbor who might enjoy the afternoon but doesn't necessarily want to come to a Sunday service. It's a great way to introduce them to UUCSJS.

-- Arlene Yacka, Circle Leader

### Membership?

Maybe membership should be conceived of not as a one-time joining, but an annual recommitment to mission and covenant, making it more about membership in one another rather than an organization.

from the uua *Interconnections Tipsheet* at <http://tipsheet.blogs.uua.org>

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**Do you grow your own food?  
Well if you don't, you have to visit the  
grocery store.**

**Buy Gift Cards any Sunday for Acme  
& Shoprite.**



Using these gift cards for groceries nets the congregation 5%.  
We also have Fair Trade coffee, tea, and chocolate!

*"A gorgeously written literary novel  
that's a doozy of a thriller."*

— *Chicago Tribune*

## Book Group in October Explores Perception vs. Reality with *The Lace Reader*

*What if you could read your future in a piece of lace?* You might want to suspend your disbelief for a spell — long enough to take up Brunonia Barry's part-historical, part-mystery/suspense novel, *The Lace Reader*. Its narrative is "magical and believable at the same time, not unlike what J.K. Rowling managed so deftly in the Harry Potter books," finds one reviewer. "It's realism with an undercurrent of natural magic, both dark and light."<sup>1</sup>

Plan to join us on **Friday evening, October 21 at 7 pm in the UU Center Library** to talk about this "engrossing modern-day twist on the classic Gothic novel." Kathleen Hartnett will lead the discussion; bring a light snack to share, if you wish.

An appropriate choice for Halloween's month, the book "mixes together witchcraft, madness, abused women, Red Hats, survivor guilt, memory loss, precognition, and dissociation into a heady brew," according to the *Boston Globe*. "The haunting questions about what exactly happened, how, when, and why, will keep your brain happily digesting this book long after the covers are closed."<sup>2</sup>

Our selection for November will be *Unbroken: A World War II Story of Survival, Resilience and Redemption* by Laura Hillenbrand, and we will meet on Fri., November 18 (the week before Thanksgiving). Triply recommended by Carolyn Baum, Judy Brown, and Tom Celandine, the *Washington Post* says of this book: "A meticulous, soaring and beautifully written account of an extraordinary life." Don't miss it!

Laura Hillenbrand is the author of *Seabiscuit: An American Legend*, which was a finalist for the National Book Critics Circle Award, among many other honors and inspired the film *Seabiscuit*, nominated for seven Academy Awards, including Best Picture.

If you would like to get email reminders and other literary-related notices, contact Judy Pereira. To join the book lovers group, simply arrive at the appointed time, for everyone is cordially invited.

<sup>1</sup>*Arkansas Democrat-Gazette*

<sup>2</sup>*St. Petersburg Times*

## Service Auction is coming up!

See Debbi Dagavarian or Heidi Jansch if you have donations!

## Global Chalice Lighting

Each month a set of Chalice Lighting words are selected and distributed by the International Council of UUs. The intention is to highlight our identity as an international religious movement. Here at UUCSJS, we usually use the Global Chalice Lighting in our Sunday morning service at some point during the designated month.

The other purpose for the GCL is to connect the groups within the congregation. If your class, group, or committee uses a chalice lighting, you may want to consider the Global Chalice Lighting. Here it is for October, from Czech Unitarians, translated or in the original language!

*Scházíme se v tomto místě, které je pro tuto chvíli naším duchovním domovem. Je to místo nás všech, pro každého z nás. Jsme lidé různého původu, s různými životními příběhy; každý z nás je originálem. Jdeme mnoha různými cestami.*

*Zatímco cesta každého z nás je odlišná, máme společný cíl: prohlubovat naše spojení s Duchem Života; činit duchovní dílo v našich srdcích; a vztahovat se k druhým.*

*Zapalme tento kalich, abychom posílili své uvědomění pospolitosti. Toto je skutečně jedno místo, mnoho cest; mnoho cest, jeden cíl. Necht' světlo tohoto kalicha nám tuto pravdu připomíná.*

We gather in this place which is our spiritual home at this hour. It is one place for us all. We are people of different origins, with different life stories; each of us is unique. We walk on many diverse paths.

While the path of each of us is quite different, we have a common goal: to deepen our connection with the Spirit of Life; to do the spiritual work in our hearts; and to reach out to the others.

Let us light the chalice to strengthen our awareness of togetherness. This is truly one place, many paths; many paths, one goal. May the light of this chalice remind us of that.

### *At Murray Grove – Coffeeshouse Wednesdays*

7:00-9:00, \$10 per person; doors open at 6:30.

Bring your favorite appetizers and/or desserts to share, and BYOB.

**October 12: Pat Guadagno, saloon singer:**  
"...remarkable repertoire that spans decades of Country, Blues, Rock and Soul music" - *New York Times*

**November 9: Frank Fotusky, virtuoso acoustic blues guitarist and singer.**

2010 Auction Item available for Sunday, October 23, after the service:

## SEE FALL MIGRATION UP CLOSE AT FORSYTHE REFUGE.

Forsythe National Wildlife Refuge, only 6 miles from our UU Center, is one of the best places on the entire East Coast of North America to see the spectacular autumn migration of waterfowl, shorebirds, raptors, and other birds. Birdwatchers from all over the world come here to witness the phenomenon. This your chance to see it also – with Jesse and Jack Connor as guides. We will leave in a small caravan from the UU parking lot, and take a leisurely ride around the auto loop, stopping where the bird flocks are the largest or where the most interesting birds are closest to the road. We will have a spotting scope and have extra binoculars for those who need them.

Total time, 2.5 hours

Rain date – Sunday, Oct. 31

Fixed Price: Adults \$15, Children, \$5

13 spots remaining.

Donated by Jesse & Jack Connor

To sign up, go to the signup table, take an envelope and enclose your money, and add your name to the signup sheet.

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**Religious Rule Number 8:** Religion is not fun.

**How UUs break the rule:** Religion runs the gamut, and for us the gamut includes fundamental joy, bemusement, and the frequent hearty laugh.

We live a positive religion that embraces what is good in the world, including simple pleasures that remind us how wonderful it can be to be alive. We find no particular merit in the stuffy. To chuckle over a good-natured story during a memorial service, to emerge from meditation with a smile, to erupt with happiness at news of a new baby, to glory in the fun of a job well done -- it's all religious.

Read more religious rules that UUs break at <http://www.uuworld.org/spirit/articles/186280.shtml>

**Board of Trustees**  
**HIGHLIGHTS**  
**September 2011**

The **Regular monthly meeting** of the Board of Trustees on Tues., September 20, 2011, opened with Prim Reeves' joyful observation that this date marks the end of the military's "Don't Ask, Don't Tell" policy. John Searight shared his and the Caring Committee's deep concerns about Congregation members who are currently dealing with serious family illnesses and other difficult circumstances.

• **Finance Committee Report** – Committee Chair and Board member John Searight said that our journey toward becoming a "Fair Compensation Congregation" continues with an offer of Long-Term Disability Insurance for our eligible employees effective September 1, 2011, approved by the Board unanimously. The monthly summary "UUCSJS Fund Balances 9-20-11" was presented, and the chairman said that this year the Finance Committee plans to explore setting up a UUCSJS planned giving program, and to monitor closely the Reserve Funds balance and offer suggestions for increasing it.

Chairman Searight extended his sincere thanks to Steve Fiedler, Jesse Connor, and Chris Holaday for all their generosity and hard work on the new UUCSJS road sign.

• **Treasurer's Report** – Treasurer Prim Reeves presented the "Financial Report for August 2011" and said that income for the month was down significantly, in part due to losing one whole week to Hurricane Irene. Greenlight Coffeehouse also had to be cancelled. On the positive side, expenses are slightly under budget. It was pointed out that grocery card inventory is high and purchases should be encouraged. The treasurer summed up by saying we need to increase our income and keep a check on expenses, and she thanked John Searight and our bookkeeper, Kathleen Hartnett, for their help in keeping a close watch over cash flow.

Treasurer Reeves described to the Board her decision to switch to a new payroll company, Paychex. She explained that now, with four employees and expanded benefits, many tasks such as payroll and tax reporting are more complex and an update in the way we handle things seemed both appropriate and timely. Together with John Searight and Jim Gentile, she chose Paychex over its competitors because it seemed to offer more complete services and be more responsive to customers. The treasurer added she is in the process of obtaining a refund from the State for money paid into a fund for disability insurance.

President Jim Gentile thanked Prim Reeves and John Searight for their considerable time and effort on these matters.

The treasurer reported she will talk to Pastor Dieterich about how he would like to manage the Minister's Discretionary Fund, and asked for Board approval to set up a new Designated Fund to accommodate Jeff & Marie Taylor's gift to benefit GA attendance.

Finally, Treasurer Reeves reported that some \$650 was raised for the UUSC's "Water Initiative" from our second collection on 9/11/11.

• **Committee on Ministry** – The Board discussed further the Bylaws proposal for governing the new Committee on Ministry (COM), and how the committee might function and what types of matters it might consider.

New provisions were added to the Bylaws proposal to determine initial membership of the COM for its first six months until the Annual Meeting in June. A new draft of the "Proposal for new Bylaws re: COMMITTEE ON MINISTRY" will be prepared by the Board secretary and circulated to the Board for a vote via email.

**The Board of Trustees voted unanimously to call a Special Congregational Meeting on Sunday, November 13, 2011 at 11:15 a.m., for the purpose of requesting the Congregation's approval of proposed Bylaws governing the Committee on Ministry [Section 8.1 c) ii) of Article VIII], as recommended by the Board of Trustees.**

• **Second Collection for October 9** – The Board approved Pastor Dieterich's request for a second collection on October 9 to benefit the "Association Sunday 2011 Fund."

• **Bylaws Review by the Board** – Debbi Dagavarian offered to extend by way of the Midweek Announcement and possibly other means, an open invitation to members of the Congregation who may want to work on updating the bylaws this year together with a subcommittee of the Board.

• **Miscellaneous Matters – Board Liaisons:**

The Board heard a report from Vice President and Program Council Chair Debbi Dagavarian that the matter of Board liaisons had come up at Program Council the previous Sunday, and it was communicated that some feel the Board unilaterally changed the bylaws pertaining to Board liaisons without Congregation input or due process. President Gentile reiterated that anyone may ask to address the Board in person and/or attend the regularly scheduled "Board Talk Backs."

**Wilmington Committee Visit:**

It was announced that the Growth Committee of the First Unitarian Church of Wilmington, DE, plans to visit on Sunday, November 20.

**Building Rental:**

Linwood-based Coalition for Peace & Justice has submitted paperwork and will rent building space on Saturday, December 10.

— Judy Pereira, *Secretary*

The **NEXT REGULAR MEETING** of the Board of Trustees will be held on **Tuesday, October 18, 2011 at 6:30 p.m.** at the UU Center, 75 S. Pomona Rd.

## UUCSJS Board of Trustees 2011-2012

Jim Gentile (12), President  
Debbi Dagavarian (12), Vice President  
Judy Pereira (13), Secretary  
Primrose Reeves (12), Treasurer  
John Searight (13), Member at Large  
Joe Terrazzini (12), Member at Large  
Art Wexler (13), Member at Large  
*year given is end of term,  
e.g. (12) means thru 6/30/2012*

On October 16, there will be a second offering for Association Sunday. Checks should be made out to UUCSJS with a memo: "Association Sunday"

## Children's Religious Education

Our Religious Education school year is off to a great start! Our four Sunday RE classes have been well attended so far (keep it up, families!) and the kids have already had some enlightening discussions and enjoyed some equally enlightening (and fun) activities and projects.

Our 4-6<sup>th</sup> grade OWL (Our Whole Lives) class has begun on Thursday nights under the leadership of Kyle Jones. Discussions this month will include values and sexuality, family relationships, and puberty.

Our children's RE committee will be hosting the annual Halloween Party on Sunday, October 30<sup>th</sup>. The children are invited to come to the UU Center in their Halloween costumes and show them off at the beginning of Sunday service before we exit to the party downstairs.

We still have some families who need to hand in this year's RE registration forms – if you haven't had a chance to hand in your forms yet, please do so. If you haven't received this year's forms, please see me soon.

-- Heidi Jansch, Director of Religious Education

## Adult Religious Education

### October Authenticity

In October, the Adult RE committee is offering a 3-part series led by Jim Woodcock: "Living an Authentic Life. Suggestions from Humanistic-Existential Psychology (and Zen)."

What are we seeking in the way we live our lives? Maybe you would answer that we are looking for happiness, or love, or success, or meaning. And why do many of us often feel unfulfilled? The answer might be found in how we relate to other people and to our culture in general, and perhaps in our own life choices.

Humanistic-Existential Psychology is the primary branch of psychology which has focused on these questions. In our three meetings we will consider how this perspective might be applied in our own lives. As we go on this exploration, we will also see how ideas from psychology blend with insights from the Zen tradition.

Meetings will be 7 to 8 pm, on Tues. Oct. 11, 18, and 25.

Although there will be a week-to-week carryover of topics, each meeting will have its own content and can be attended independently of the others.

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A special note of gratitude to all those who contributed to our second collection on September 11, funding the UUUSC's "Water Initiative." Together our congregation raised **\$650** for this worthy cause!

## Association Sunday 2011: Celebrating Excellence in Ministries

This year, the UUA is partnering with the UU Ministers Association, the UU Musicians Network, the Liberal Religious Educators Association, and other professional organizations to celebrate our associations of ministry.

The UUCSJS will take part in this celebration on Sunday, October 9. A second plate collection during the postlude will be designated to the Association Sunday 2011 fund. Please consider making a generous gift to this cause. Checks should be made out to UUCSJS with "Association Sunday" in the memo line. Proceeds from this service will be distributed as grants to support scholarships, continuing education, an assessment of our ministries and other projects that help religious professionals get the ongoing training they need to support thriving congregations.

### Seriously, do you eat?

Because if you do, you probably don't grow the food yourself. You buy food at a supermarket.

If you regularly shop at Acme or Shoprite, you can do the same thing you always do, and 5% of your grocery bill goes to the UUCSJS.

Just remember to purchase regularly -- religiously, let's say! -- your grocery cards after Sunday service at the frequency and dollar amounts that are convenient for your household.

Plus, *and this is a huge plus*, you get to talk to Peg Gillies every time you do!!!!

### Dance for the Soul

Our Spiritual Movement Class (soon to be renamed), has been meeting every Saturday morning at the UU Center from 10:30 to 12. We are learning the Core of Fire dance to *Let It Be*, and having lots of fun. We are hoping to have a choreographer emerge from within our group so we can start creating our own dances, but for now we are grateful to Core of Fire for allowing us to use whatever we want from their repertoire. Our group includes Peg Gillies, Karen Zindell, Gerry McCluskey, Theresa McReynolds, Michelle Mulry, Barbara Miller, Sandi Radomski, Pam Altaffer, Emily Guarriello, Tori Kreutzer, and Margaret Rea.

# Unitarian Universalist Congregation of the South Jersey Shore

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**Visit us on the Web: [www.uucsjs.org](http://www.uucsjs.org)**

**October 2011**

**Unitarian Universalist  
Congregation of the South Jersey Shore  
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