



Newsletter



Unitarian Universalist Congregation of the South
Jersey Shore

Volume 13, Issue 03

March 2011

March Services

We meet at our UU Center, Pomona Rd and Liebig Street, Galloway NJ (near the north entrance to Richard Stockton College).
Services are at 10:00 am unless otherwise noted.

<p>March 6</p>	<p>The Great Dissent Tradition <i>Guest minister Rev. Manish K. Mishrah</i> Unitarian Universalism prides itself on being a “dissent tradition,” one that has stood apart from conventional understandings of religion. While this is true to a degree, how does that understanding both shape and limit our religious understanding of ourselves? In what ways is being a dissenter a strength, and in what ways does it hold us back?</p>
<p>March 13</p>	<p>The Peace Corps Experience: Moving Out of Your Comfort Zone <i>Lay speakers Prim Reeves and Alan Oliver</i> This year the U.S. celebrates the 50th anniversary of the Peace Corps. Prim Reeves, who served in the Peace Corps three times, and Alan Oliver, who served twice, will share with the congregation a basic tour from three months of training through two years of service. They will also pose questions about moving out of your comfort zone that are relevant to everyone's life from moment to moment. The opportunity for a "peace corps moment or experience" is available to all of us.</p>
<p>March 20 Peace Vigil 11:30 am</p>	<p>Singing Meditation <i>Lay speaker Barbara Miller, Music Director, and choir</i> Singing Meditation is an interfaith spiritual practice that combines singing – of many types – with group observation of silence. Combining the two practices, which are often engaged in separately, results in a synergy that enhances each component. Music Director Barbara Miller and the UUCSJS choir will lead us in this celebration of Song and Silence.</p>
<p>March 27</p>	<p>Commitment Sunday <i>Lay speaker Paul Utts</i> In eleven short years we have built a community that nourishes our individual souls. Together, with remarkable generosity, we have built a vital center for religious exploration and social justice, having fun and making connections along the way. Are we finished? Not quite. On this Commitment Sunday Paul Utts will share his recollection of our journey, building a community that strengthens our hearts and minds. Now we must reach out and bring our message of peace, love and environmental responsibility to the community at large. How do we turn up the volume?</p>

Annual UUCSJS Fellowship Dinner

Saturday, March 26, 6 - 9 pm at the UU Center

We have been having this event since our first year, 12 years ago. This dinner is a gathering of all our community for a potluck dinner, and entertainment from our talented group. It is also the kickoff to our annual pledge drive, which is the engine that keeps us alive. If you are active in our community, you will get an invitation in the mail very soon with all the details. We urge you to come, and to RSVP as soon as you can. *See Barbara Miller if you have a talent to share.*

Save the date for our second annual

Blue Jean Sunday

Sunday, April 10

11:30 am - 3 pm

Lunch will be provided for volunteers to give you the energy you'll need to give the UUCSJS Center a spring cleaning, inside and out! Sign up on the sheet in the vestibule, or talk to Heidi Jansch, Jesse Connor, or Jack Miller for more information.



Our speakers this month

Rev. Manish Mishra is a repeat visitor to UUCSJS. He has been the minister at the Unitarian Universalist Church in Cherry Hill since 2009. He has served five previous congregations in varying forms of ministry, and before that was an active lay leader at one of our denomination’s most historic churches, All Souls in Washington DC.

Having traveled extensively throughout the world, Rev. Mishra has lived in India, Oman, Finland, and for brief periods in Switzerland. This international exposure gave him the opportunity to live in countries where Hinduism, Buddhism, Islam, and Christianity have helped define the cultures. He brings this multi-religious appreciation to his ministry, drawing on a variety of faith traditions and other sources of inspiration in his preaching and leadership of worship.

As a former educator, Rev. Mishra has a deep sense of love for our community’s children and youth, and an appreciation of how spiritual growth and development are lifelong processes for all of us.

UUCSJS Welcomes New Members

We have had five people sign our membership book on February 13 and 20. They are:

Kathryn Goldenberg (Kat): Kat has been a part of our community for two years. She is the mother of 5 year old Logan, and the daughter of Sheila Stoner.

Tracy and Joe Miranda: The Mirandas, with their five children, have been attending regularly for the past 9 months. Their children are: John Miranda, age 14. Breanna O’Neil, age 13, Kevin O’Neil, age 10, Lizzie O’Neil, age 8, and Jason Miranda, age 5.

Tracey Staab: Tracey has been attending for well over a year now. Her 17 year old son Nick is often with her. Tracey is the principal at a special services school for teenagers with behavioral difficulties in Cape May County.

J’hen Misha-Veach: J’hen was very active in our community, often playing the drums, while we were at the Lions Center. She moved to Texas for a few years, and recently has returned. And she brought her drums.

More complete biographies of these new members will soon be written by the Membership Committee, and made available to you. And if you do not already know them, soon you can identify them from photos that will be posted.

We have opportunities for people to sign our membership book in front of the congregation 3 to 4 times a year. These times are preceded by meetings with newcomers where they have a chance to get to know a lot about UUCSJS, we get to know them, and they get to know some of us. The process for becoming a member is described in a green pamphlet located in the pamphlet rack in the vestibule.

We now have 115 members. We warmly welcome our newest.

Who says there are no Second Chances in life?

Auction Events for March, with spaces left!

Wine Tasting with Paul and Helen Utts

Saturday, March 5, evening

\$25 per person, 4 spaces left

**Eggshell Mosaic Craft with Angela Jones
(not just for kids)**

Saturday, March 19, daytime, at the UU Center

\$20 per person, 5 spaces left

Instructions for signing up are on the Bulletin Board in the vestibule, or, you may email Betsysearight@comcast.net

Have you ever wished you could hear a service you missed? The Sunday Services Committee has been discussing the possibility of making recordings of services available. If you have knowledge or expertise in podcasts or other recording methods, please contact Barbara Miller.

Our upcoming Fellowship Dinner on March 26 includes entertainment offered by us - the members and friends of UUCSJS. Do you have a song or skit you would like to share? Please contact Barbara Miller: 609-628-3440 or uucsjsmusic@comcast.net.

Report from Ministerial Search Committee

by Richard Grzywinski, Chair

Third Report

The Congregational Record

On February 8, 2011, the Ministerial Search Committee sent the following email to Rev. Richard Speck, our District Executive:

“Our Congregational Record to be used in our ministerial search process has been posted on the UUA Ministerial Transitions Page, one week ahead of schedule. A copy is attached. We eagerly await a list of potential candidates with the intention of having a final list of screened candidates by March 15, 2011. We will now begin work on our Congregational Packet.”

Copies of the Congregational Record were provided to our Board of Trustees and our Administrator, Heidi Jansch. A copy has also been posted on the UUCSJS “Members Only” section (look for the “Ministry” link on the left-hand side) by Mariann Maene. On February 10, we notified Rev. Keith Kron, the UUA Director of Transitions, that the record had been posted and that we were now ready to review candidates. We received an acknowledgement that same day. On February 15, we were notified by Rev. Kron that the UUA intended to “make it live”, i.e., available online for all UUA ministers seeking a position. On February 22 we received the following email:

“Your congregational record is available online and your position is listed on Opportunities for Ministry on www.uua.org/transitions (look toward the bottom of the page for the link.)”

On February 23, we notified several “local” UU ministers that we were now ready to begin screening candidates. On February 24, we received our first expression of interest by a UU Minister – so we know the system is working!

The Survey Report

Also on February 8, the Ministerial Search Committee distributed the final results of the congregational survey. Seventy-nine members responded of which 74 responded online and 5 on paper. In addition to collecting the data, we also put the results in report format. We included basic statistical analyses and prepared a few graphical representations to assist the congregation in understanding the results. The Survey Report was sent to our Board of Trustees with copies to Rev. Speck and our Administrator. The report was then distributed by email to the UUCSJS membership and copies were posted in the library. A copy has also been posted on the UUCSJS “Members Only” section by Mariann Maene. Limited data from the report was included in the above Congregational Record.

The Congregational Packet

On February 11, we began work on the “Congregational Packet”. This document is, in essence, an electronic “marketing” brochure designed to encourage candidates to consider UUCSJS. It will provide helpful information on housing, schools, environment, leisure activities, etc.. The document will contain a set of organized internet links that will guide the candidates in exploring our area, as we described in our previous February report.

Potential candidates will be selected by March 15. At that time, in addition to receiving the packet, each candidate will also be given a temporary password to access the “Members Only” section of our UUCSJS web site. The Committee will then be given access by the UUA to the candidates’ ministerial records.

On February 23, the Committee met to review an outline of the congregational packet and prepare a plan for completion.

Upcoming Activities

Also at the February 23 meeting, we discussed a possible congregational meeting on March 6 to review the survey, and also using the monthly “talk-back” technique, as used by the Board, to answer any ongoing questions from the congregation.

We will also begin working with the Board of Trustees on the method to be used to negotiate a contract with a recommended candidate, including the appointment of a “Negotiating Team” by the Board. The position is for a part-time “Consulting Minister,” as defined by UUA guidelines, i.e., “*A consulting minister is hired by and works for the Board of Trustees, not the Congregation as a whole.*”

Richard J. Grzywinski, Chair

UUCSJS Ministerial Search Committee

Ideals are like stars: you will not succeed in touching them with your hands, but like the seafaring man on the ocean desert of waters, you choose them as your guides, and following them, you reach your destiny.

– Carl Schurz (1829 - 1906)

Annual Native Plant Swap & Sale and Heirloom Vegetable Sale

We're holding our 3rd annual Native Plant Swap for experienced and new gardeners alike. Our purpose is to create more backyard habitat in southern NJ by giving local gardeners an opportunity to share their extra plants and swap them for free plants. We'll be swapping native perennials, shrubs, and tree seedlings, as well as some non-natives that are especially beneficial to wildlife. If you are interested in participating in the swap, you'll want to begin dividing and potting up some of your extra native plants in March or early April so they are in good shape for May 7.

- **Plant Swap drop-off hours:** Friday, May 6, 4:30 - 6:30 pm & Saturday, May 7, 8:30 - 9:30 am
- **Swap & Sale hours:** Saturday, May 7 (rain or shine) 9:30 am - 2:00 pm
- **Swap rules:** Bring 3 plants to cover the price of admission. You'll receive a coupon for each additional plant you bring, entitling you to swap for a "new" plant (up to 10 swaps). No plants to swap? You can purchase up to 3 plants for \$2 each. Pick up a flyer at the Social Justice table. For an online flyer and for info on natives, non-natives, and invasives go to: www.uucsjs.org/social_action.html

Heirloom Vegetable Sale: Buy mouth-watering heirloom vegetables: tomatoes, peppers, and eggplants. YUM! Sale hours will be the same as for the plant swap: Saturday, May 7 from 9:30 am – 2:00 pm.

Advance Order: Native Nursery-Grown Plant Fundraiser

This year, for the first time, we are selling container grown nursery plants. We've selected hard-to-find shrubs and trees and those not likely to be donated as part of our annual plant swap. Choose from our choice selection of twelve shrubs, six trees, and eight perennials. All native plants are genetically adapted for our area and provide food in the form of nuts, seeds, berries, fruits, leaves, pollen, and nectar that best meet the needs of butterflies and other pollinators, as well as hummingbirds and other birds and wildlife. **We're not advertising, instead we're relying on UU members to spread the word – please tell your gardening friends.** This sale is a win-win. We'll raise funds for UUCSJS while promoting the use of native plants in our southern New Jersey community.

- **Advance order deadline:** **Friday, April 1, 2011**
- **Advance Order Form:** We'll have copies on the Social Justice table. For an online order form, sale details, and other info on growing natives go to:
 - www.uucsjs.org/social_action.html
- **Pick-up hours for plants:** Friday, May 6, 4:30-6:30 pm & Saturday, May 7th, 9:30 am-2:30 pm

ADULT RELIGIOUS EDUCATION

12 Stages of Healing

The Adult RE committee is pleased to announce an exciting seminar entitled "**12 Stages of Healing**" presented by **Dr. Theresa McReynolds** that will be held on **Saturday April 9, 2011 at the UU Center from 9:30 am to 4:30 pm**, with registration beginning at 9 am. The seminar will offer an extraordinary new approach to healing the mind and body. You will explore the four sacred seasons of the healing journey: discover, transform, awaken and integrate.

At this seminar you'll learn to fully direct your attention and awareness to your body, without distraction. Tuning into your body's naturally occurring rhythms will help you to know your own vibrational story. Somato Respiratory Integration exercises will be your vehicle for this transformational, life-changing program. Heightened self-awareness and enhanced healing capability are gifts you will return home with. Sign up sheets will be at the back of the sanctuary beginning Sunday March 5, 2011.

Adult RE will be offering three courses this year beginning in May. They are designed to assist members and friends at all levels of their spiritual development. The courses are:

Discover Your Ministry

This is a 4 week course that allows people to explore their unique gifts and talents. The course is meant to help the participants identify their call to make a difference and put expression to that calling. This course has been offered several times in the past and has been extremely well received. This course is recommended for everyone from newcomers to long time members and friends. It will be offered in May 2011.

Building Your Own Theology

This is an 8 to 10 week course that the course designer Richard S. Gilbert describes as: "the purpose of this program was, and continues to be, to provide some tools for building a theology based on the materials of individual life experience." Rev. Gilbert continues by explaining: "This program is designed to provide a systematic, disciplined, and communal approach to the process of building a new theology on the residue of the old." This course is recommended for new members as well as long time members who want to explore their theological ideas. We plan to offer this course beginning in September 2011.

Articulating Your UU Faith

This 5 week course is designed to assist participants who want to continue to form their liberal religious ideals by utilizing a series of easy and engaging exercises, discussions, and personal reflection. This course is recommended for people who have been attending UU services for at least 1 year. This course will be offered in late fall 2011.

– Marsha Hannah



The Paw Print

Your link to the doings of the South Jersey Animal Advocates

"If all the beasts were gone, men would die from a great loneliness of spirit, for whatever happens to the beasts also happens to the man. All things are connected. Whatever befalls the Earth befalls the sons of the Earth."

~ Chief Seattle of the Suquamish Tribe, letter to President Franklin Pierce

Yes, we are all connected, and SJAA's new motto, "Working for the worth and dignity of all creatures" embodies this connectedness. In helping animals, we help ourselves. To that end, we want to thank all who generously contributed (and continue to contribute) to our weekly collections for the local animal shelters and rescue organizations. Most of these organizations operate on a strictly volunteer basis, and all donations are gratefully accepted.

Our membership has grown over the past month, and with good PR (hat tip to Ronda Cluff) we've begun to bring in members from the greater community.

Other items of interest and upcoming events:

- We are opposing and will be protesting the Atlantic City Boardwalk Rodeo scheduled for April 1-3, 2011. Two of our letters to the editor have been published in the Press of Atlantic City.
- We are forming liaisons with other animal rights organizations such as the NJ Animal Rights Activists for collective protests, such as those for the AC rodeo and the Ringling Brothers Circus in Philadelphia.
- We are co-sponsoring, with the Social Justice Committee (SJC), a service on April 10 around ethical eating, featuring a speaker from the American Vegan Society. We plan on vegan food offerings, recipes, and literature distribution.
- We are creating our own website. This site will be an animal information resource to the community (i.e. where to spay/neuter, free rabies clinics, ethical eating, legal advice, etc.) as well as our home page for meetings, events, and news.
- We are co-sponsoring, with the SJC, an ethical eating workshop in May.
- We are planning a "Blessing of the Animals" service and fundraiser in October to coincide with the Feast of St. Francis Day.

We meet the 2nd Sunday of the month. **The next meeting will be March 13 @ 11:30 am at the UU Center.** Please keep an eye on the Mid-Week Announcements for upcoming SJAA events and consider joining our mail group SJAACares@googlegroups.com.

– Cynthia Grzywinski, Chapter Coordinator

UU BookLovers for March –

A Major Environmental Classic – John McPhee's *The Pine Barrens*

Book Club members are breathing a big sigh of relief. After several months considering the vicissitudes of WWII-era victims, on Friday, March 18 at 7 pm in the UU Center Library we will meet to discuss a famous book about our own backyard.

First published in 1967 when development threats to the Pine Barrens were looming, John McPhee's classic *The Pine Barrens* is "An outstanding reading experience," according to *Natural History*. Jack Connor has kindly agreed to lead our discussion, sharing his extensive knowledge of the terrain. His website, "Stockton's Natural World" can be found at <http://wp.stockton.edu/jconnor/>.

"Most people think of New Jersey as a suburban industrial corridor between New York and Philadelphia. Yet in the low center of the state is a near wilderness, larger than most national parks, which has been known since the seventeenth century as the Pine Barrens" – and the ecological importance of the Pinelands has only increased since the book was written.

McPhee tells us "how this geographic anomaly has come to be, describes its people and their distinctive folklore, and captures something of the dreamlike quality of this incredibly quiet land in the midst of the noisy clutter of mechanical civilization." (*Kansas City Star*)

Everyone is welcome. If you would like to join other book lovers for lively talk and light refreshments, plan to attend. If you would like to receive email reminders and other literary-related notices, contact Judy Pereira.

In April we will discuss Kathryn Stockett's long-lasting bestseller *The Help*, facilitated by Carolyn Baum on Friday, April 15.

We abuse land because we regard it as a commodity belonging to us. When we see land as a community to which we belong, we may begin to use it with love and respect.

~Aldo Leopold, *A Sand County Almanac*

Corned Beef and Cabbage, and Boiled Potatoes

Buy **Gift Cards** any Sunday for
Acme & Shoprite.



Don't you have to buy groceries anyway??!

Using these gift cards for groceries nets the congregation 5%.
We also have Fair Trade coffee and tea!

Children's Religious Education

How much does UUCSJS Involve Children?

This winter our Children's RE Committee has been hard at work on our Safe Congregation policy in preparation for the Our Whole Lives program. We are looking forward to a special service bridging our senior high school youth this June, and will soon begin to focus on creating a Coming of Age program for next year's eighth and ninth graders. These programs and events are important milestones in the lives of our communities' families and those of us involved in the planning are privileged to be part of them such a meaningful way.

Last month I attended a training workshop titled *Involve: Welcoming All Children and Youth into our Faith Communities*. The focus of this workshop was on accepting and providing a rewarding religious education experience for children with special needs (physical handicaps, different learning styles, ADHD, etc). An important point made right at the beginning of the workshop was "before congregations can encompass a ministry to children with special needs, they must first be a place that weaves children into the overall fabric of the church community."

In the past two years, the Children's RE program has adapted to our new home at the UU Center. The biggest adjustment to our programming was implementing our two adults per classroom rule, which we can only follow if members of the congregation volunteer to assist us. Many of our members have aided us in this mission, and to those adults who have made Children's RE a part of their own spiritual journey by assisting in the classrooms again and again, your contributions are most appreciated!

Sadly, for the most part, the Children's RE is still being run by our parents (all of our current teachers are parents of children in the program) and volunteers are hardly tripping over each other to assist each Sunday. Typically, a request for classroom volunteers sent to forty people might get an average response of four or five volunteers; one Sunday's worth of assistance. This fact begs the question, "To what extent are children woven into the fabric of our church community?" Do we actively involve ourselves in the lives of our children here? If not, can we honestly say we affirm our first principle of the inherent worth and dignity of every person? Do we really promote the third principle which guides us to accept one another and encourage each other's spiritual growth? Even if it refers to children and requires missing a Sunday service now and again?

We have come far in our Children's religious programming. But we can excel only with the help of each and every member of the community supporting our efforts. I invite you all to get involved in Children's Religious Education and join us on this adventure.

-- Heidi Jansch, Director of Religious Education

UUCSJS Women's Association Meetings

Margaret Fuller Circle - Thursday, March 3, 1 pm

The Margaret Circle will meet Thursday, March 3, in the Center's Library at 1:00 p.m.

Kim Trotto will discuss her recent trip to England, using her travel journal as a reference. Kim will discuss and ask others to talk about amusing or interesting travel experiences and how she discovered there's really something to that old proverb, "travel broadens the mind."

We open the meeting by sharing any points of interest in our lives followed by refreshments, then at 2 pm enjoy our topic of discussion.

All the women of the congregation are cordially invited to join us and that guests are always welcome at all our functions! If you are interested or have any questions about this group, please contact Arlene Yacka, Circle leader.

Olympia Brown Circle – Thursday, March 10, 6 pm

Please join the ladies of Olympia Circle as we begin our new project of supporting local "Mom and Pop" Restaurants. We will meet on Thursday March 10, 2011 as scheduled. However, instead of meeting at 7:00 in the Library at the UU Center, we will meet at 6:00 at a local restaurant. Our discussion will include what topics we would like to hear more about for the remainder of 2011 as well as what other "mom and pop" restaurants we would like to visit. Please look in your order of service on March 5 for this month's local restaurant we have selected for our meeting.

Women's Spirituality Circle - Sunday March 27, 11:30

This group reads and discusses a chapter or two of *A Seeker's Guide*, by Elizabeth Lesser. In March we will be studying Book XV, The Landscape of The Body, Chapter 13, The Landscape of Death, pages 284 - 317.

If you are interested in attending this group please contact Kathryn Kelley, Circle Leader or just drop in after Services on the 4th Sunday of the month in the yellow classroom downstairs. You do not need a copy of the book, although it is recommended. Our discussions usually include other aspects of spirituality and we are always happy to answer any questions. Women of the congregation and their guests are always welcome.

A copy of *A Seeker's Guide* can be bought online and is not expensive.

All women of the congregation are welcome at these meetings. It's a good way to get to know other women in our congregation better and gives us a chance to get to know you. Please consider attending.

WHAT'S HAPPENING IN SOCIAL JUSTICE?

The Social Justice Committee is off to a busy start for the coming year! Within our committee we have changed how events are being handled which we hope will allow for more involvement and creativity by committee and congregation members. Previously, only one person would be “in charge” of coordinating an event or social action but now we have changed that to teams of at least three for each activity. Teams will brainstorm and decide how they would like to achieve their goals for each particular event. We will keep you informed as to whether we see this new procedure as being successful or not. Wish us luck!

We would also like to thank everyone who participated in or attended the Pinelands Preservation presentation *Building a Sustainable Community*. We had approximately fifty guests in attendance! How encouraging it was to see our community coming together to express their interest in such important environmental issues!

We do have several events we hope you will mark in your calendar to save the date. They are as follows:

- March 20, **Peace Vigil** - following the Sunday service. The vigil will address the continued combat of American soldiers on foreign soils and will recognize those who have lost their lives in these struggles. Names will be read commemorating their sacrifice and an exhortation calling for peace will be our focus. This annual vigil will be held outside, weather permitting. Please enjoy coffee hour following the vigil.
- April 2, 9am-4:30pm. **Discover the Foundation Stones of Environmental Consciousness** workshop. Alan Oliver, a secular Buddhist educator, will lead this workshop as participants discover the foundation stones on which all other environmental actions need to be built. The cost is \$25 for adults and \$15 for students and seniors. A catered lunch will be served. All must register in advance by emailing social.justice.uucsjs@gmail.com, signing up at the SJ table at the UUCSJS, or by sending a message to our Social Justice at UUCSJS Facebook page. A non-refundable deposit of \$5 will be needed to hold your spot so please sign up soon. Looking forward to seeing you there!
- April 10 - The **American Vegan Society** will be providing the Sunday Service. In accordance with our ethical eating objectives, we will learn how a plant-based diet can contribute to our goals. Books will be available for purchase following the service.
- May 7, Saturday- We will be hosting our annual **Native Plant Swap and Sale**. This year we are intending to have plants available for pre-order as well as garden vegetables and plants which have been exchanged. This

has always been a very well supported event and we expect no less this year!

- Three **road clean-ups** will need to be held before Earth Day in order for our congregation to receive the generous grant offered. Please make yourself available to help clean if at all possible. This is a great opportunity to spend time with other congregation members, volunteer a small amount of your time, and help the community and congregation in the process.

For those who have been following the activities related to the **PurGen coal plant**, some new developments have occurred. Further resolutions have been passed by: The Atlantic City Commissioners, The Atlantic County Board of Freeholders, The Atlantic County Utilities Authority, The Surfriders Foundation, WaterWatch International, The Atlantic City Visitors and Convention Authority, The Atlantic City Public Relations Council, and The Greater Atlantic City Regional Tourism Council. Congratulations to congregation members, UULMNJ, and the local CURE group for making these achievements possible.

In addition to our committee's actions, we would like to make fellow congregation members aware of a new movie called *Forks Over Knives* which examines the profound claim that most, if not all, of the degenerative diseases that afflict us can be controlled, or even reversed, by rejecting our present menu of animal-based and processed foods. Our committee is hoping to have a workshop on the same subject relatively soon. Please keep your eyes open for both opportunities!

Thank you for your support and participation in our efforts on behalf of our congregation.

Angela Jones, Social Justice Chair

Green Tip for the Month:

Start planning to grow your own food during this summer's growing season. Many catalogs are available in which heirloom and/or organic seeds and plants can be purchased. The Social Justice table has several catalogs you can browse to stimulate your interest. Some popular ones are Seeds for Change, Abundant Life Seeds, Sustainable Seed Company, and more. Our Native Plant Swap and Sale will again offer many options for purchasing plants for your home garden too.

Consider this: Most food travels an average of 1,500 to 2,500 miles to reach your kitchen. If some of those miles could be spared by walking out your back door, why not try it?

VOLUNTEERS NEEDED! – VOLUNTEERS NEEDED! - VOLUNTEERS NEEDED!

Please sign up at the Social Justice table to help with our Native Plant Sale & Swap, Heirloom Veggie Sale, and our Native Nursery-Grown Advance Sale. If you have questions or need more information, please contact Jesse Connor.

Newsletter submission deadline: the Friday before the last Sunday of the month.

Unitarian Universalist Congregation of the South Jersey Shore

Minister
vacant

**Music Director &
Sunday Service Coordinator**
Barbara Miller
uucsjsmusic@comcast.net

Director of Religious Education
Heidi Jansch
sjsdre@gmail.com

Operations Manager
Heidi Jansch
uucsjsadmin@gmail.com

Newsletter
Mariann Maene
newsletter@uucsjs.org

Electronic Communications
Sharon Gray
uucsjs@yahoo.com

Board of Trustees 2010-11
Debbi Dagavarian, Jim Gentile, Primrose Reeves,
John Searight, Joe Terrazzini, Karen York, Karen Zindell



**P.O. Box 853
Pomona, NJ 08240
(609) 965-9400**

March 2011

Visit us on the Web: www.uucsjs.org

**Unitarian Universalist
Congregation of the South Jersey Shore
P.O. Box 853
Pomona, NJ 08240**

